

# Croeso

## Welcome



**Ysgol Feithrin Rhydaman**  
**Stryd Fawr**  
**Rhydaman**  
**SA18 2NS**

**Ammanford Nursery School**  
**High Street**  
**Ammanford**  
**SA18 2NS**

e-bost / e-mail: [admin@meithrin.ysgolccc.cymru](mailto:admin@meithrin.ysgolccc.cymru)

Gwefan / Website: [www.feithrin-rhydaman.ysgolccc.cymru](http://www.feithrin-rhydaman.ysgolccc.cymru)

Instagram: [ysgol\\_feithrin\\_rhydaman](https://www.instagram.com/ysgol_feithrin_rhydaman)

Ap / App: **ClassDojo**

Rhif ffôn / Phone number **5 9 2 6 0 5**

Ffôn symudol 1 / Mobile: **07890065739**

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# YSGOL FEITHRIN RHYDAMAN AMMANFORD NURSERY SCHOOL

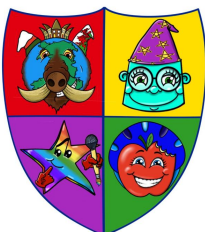


*“Un o gryfderau'r ysgol yw'r ffordd y mae'r plant yn datblygu eu medrau llafar yn arbennig o dda yn Saesneg yn y ffrwd Saesneg ac yn y Gymraeg yn y ddwy ffrwd.”*

**Adroddiad Estyn - Tymor yr Hydref 2017**

*“One of the school's strengths is the way in which children develop their English oral skills exceptionally well in the English stream, and their Welsh oral skills in both streams.”*

**Estyn Report – Autumn Term 2017**



**Pennaeth:  
Head teacher:**

**Mrs Emma Parfitt**

**Cadeirydd y Llywodraethwyr:  
Chair of the Governing Body:**

**Lyn Broderick**

# Staff Ysgol

# School staff

**PENNAETH / HEADTEACHER**

**Swyddog Diogelu'r Ysgol / Safeguarding School Officer**



**Mrs Emma Parfitt**

**ATHRAWON / TEACHERS**

**Michelle Jones a Nerys Williams - Swyddogion diogelwch yn absenoldeb Emma Parfitt**

**Michelle Jones & Nerys Williams - Safeguarding officers in the absence of Emma Parfitt**



**Mrs Michelle Jones  
ALNCO**



**Mrs Nerys Williams**



**Mr Steffan Phillips**



**Mrs Rachel Grota**

**CYNORTHWYWR DOSBARTH / TEACHING ASSISTANTS**



**Mrs Nia Willis**



**Mrs Lena Hendra**



**Miss Helen Lewis**

**Dysgir pob plentyn gan staff a phrofiad neu a chymwysterau addas i addysgu plant yn eu blynyddoedd cynnar. Mae'r athrawon a'r cynorthwyr dosbarth yn dilyn rhaglen gyson o Hyfforddiant Mewn Swydd er mwyn cyfarwyddo a'r datblygiadau diweddaraf.**

*"Mae gan ymarferwyr ddisgwyliadau uchel ac maent yn cynllunio'n fedrus i ddatblygu medrau llythrennedd a rhifedd y plant. Mae'r ymarferwyr yn modelu iaith yn arbennig o dda ac mae hyn yn cael effaith gadarnhaol ar fedrau llafar y plant yn y ddwy frwd"*

Adroddiad Estyn – Tymor yr Hydref  
2017

**Each child is taught by adults who are appropriately trained or have experience to teach children in their Early Years. All teachers and LSA's follow a regular programme of In-service Training in order to keep abreast with all the latest developments**

*"Practitioners have high expectations and plan skilfully to develop children's literacy and numeracy skills. Practitioners model language particularly well, and this has a positive effect on children's oral skills in both streams"*

Estyn Report –Autumn Term 2017

**GOFALYDD / CARETAKER: MR ANTHONY DREW / MR BLEDDYN JONES**

**SWYDDOG GWEINYDDOL / ADMIN OFFICER: MRS GAIL JONES**

**GLANHWRAIG / CLEANER: MRS MELANIE THOMAS**

**Archwiliwyd yr ysgol gan Estyn ym mis Tachwedd 2017 ac y mae copi llawn o'r adroddiad ar gael ar**

**<https://www.estyn.gov.uk/cymraeg/darparwr/6691000>**

**Pan a'r wybodaeth hon i'r wasg mae'r holl fanylion yn gywir, ond fe allant newid.**

*"Mae'r plant yn dangos gofal a pharch gwirioneddol tuag at eu ffrindiau, staff ac ymwelwyr ac yn gweithio gyda'i gilydd yn hapus iawn."*

Aroddiad estyn – Tymor yr hydref  
2017

**The school was inspected by a team from Estyn in November 2017 and a full copy of the report is available at**

**<https://www.estyn.gov.uk/english/provider/6691000>**

**When the information goes to press all the details are correct but they may change.**

*"The children treat their friends, staff and visitors with genuine care and respect, and work together very happily."*

Estyn report – Autumn term 2017

# Lleoliad

# Location

Lleolir yr ysgol mewn man cyfleus yng nghanol y dref ar yr un campws ag Ysgol Bro Banw safle iau. Mae'r adeiladau mewn cyflwr da ac yn cynnig amgylchedd mewnol sy'n llachar ac ysgogol ac amgylchedd allanol sy'n ddiogel ac wedi'i gynllunio ar gyfer hybu dysgu gweithredol.

Mae diogelwch y staff a'r plant ar y safle yn hynod o bwysig, felly mae'r gât ar glo drwy gydol y dydd ac mae rhaid i rieni defnyddio'r peiriant siarad i gael mynediad i adeilad yr ysgol.

Fe ddylech roi gwybod i'r ysgol os ydy'ch plentyn yn cael ei gasglu o'r ysgol gan unrhyw un, heblaw ei rhieni.

The school is conveniently situated in the town centre on the same campus as Ysgol Bro Banw Junior site. The premises are well maintained and provide a bright stimulating indoor environment and a secure planned outdoor environment which promotes active learning.

The security of all staff and pupils on the school premises is at the highest priority therefore the school gate is locked throughout the day and an intercom is used when parents need access to the school building.

Please inform the school if your child is to be picked up by anyone other than their parent.

## Crynodeb o bresenoldeb 03 Medi 2024 – 19 Gorffennaf 2025

Presenoldeb blwyddiadur – 86.84%

Absenoldeb gyda chaniatâd blwyddiadur 10.63%

Absenoldeb Heb ganiatâd blwyddiadur – 2.53%

## Summary of attendance 03 Sep 2024 – 19 July 2025

Annual attendance – 86.84%

Annual authorised absence – 10.63%

Annual unauthorised absence – 2.53%

**TARGET FOR 2024/25 – 92%**

# Oed dechrau Ysgol

# Starting school age



**Mae'r rhieini yn cael eu croesawu i'r ysgol drwy gyflwyniad ac ymweliad o'r adeilad.**

**Parents are welcomed to the school for a presentation and a visit of the school building.**

**Cychwynna'r plant ar ddechrau'r tymor sy'n dilyn eu trydydd penblwydd.**

**Ar hyn o bryd rydym yn cynnig lleoedd llawn amser ond o Ionawr 2026 bydd pob dechreuwr newydd yn rhan amser.**

**Children start at the beginning of the term following their third birthday.**

**We currently offer full time places but from January 2026 all new starters will be part time.**

***The Council through its Admissions Manager must direct Governing Bodies, and through them the head teachers, to make it clear to parents that when an out-of-catchment child is admitted to any school that it may have an implication when the child transfers to secondary education. It does not follow that admission to a primary school automatically allows admission to the catchment secondary; it is the home address of the pupil, which is the determining factor.***

**Rhaid gwneud cais am le yn yr ysgol ar lein ar wefan Cyngor Sir Gaerfyrddin.**

**Apply on line on the Carmarthenshire County Council website to get a place at the school.**

**[Derbyn i Ysgolion a Newid Ysgol \(llyw.cymru\)](http://llyw.cymru)**

**[School Admissions and Changing Schools \(gov.wales\)](http://gov.wales)**

# Amserau'r Ysgol

## SESIWN Y BORE MORNING SESSION



YN DECHRAU / STARTS  
9.00 A.M.

# School times

## SESIWN Y BORE MORNING SESSION



YN GORFFEN / FINISHES  
12.00 P.M.

## SESIWN Y PRYNHAWN AFTERNOON SESSION



YN DECHRAU / STARTS  
12.45 P.M.

## SESIWN Y PRYNHAWN AFTERNOON SESSION



YN GORFFEN / FINISHES  
2.45 P.M.

Mae'r athrawon ar ddyletswydd i arolygu'r plant am 15 munud ar ddechrau ac ar ddiwedd y dydd. Gwnewch yn siwr eich bod yn trosglwyddo eich plentyn i ofal yr athrawes ddosbarth cyn gadael yr ysgol yn y bore. Gofynnir i oedolyn ddod a'ch plentyn i'r ysgol ac i'w gasglu oddi yno. Os oes newid i'r trefniadau casglu arferol, rhwch wybod i'r staff os gwelwch yn dda.

Teachers are on duty to supervise the children for 15 minutes at the start and at the end of the school day. Please ensure that you hand over your child to the class teacher before leaving the school in the morning. We request that an adult brings your child to school and collects him/her.

If there is a change to usual pick up / collection arrangements, please let staff know.

# Digwyddiadau'r wythnos

## Weekly events

Dewch â ffrwyth eich hun.

Bring your own fruit.



Yn unol â Llywodraeth Cymru  
- canllawiau bwyta'n iach.  
Mae'r ysgol yn uig yn  
cynhyrchu ffrwythau, llysiau  
dŵr a llaeth i'w yfed.



In accordance with Welsh  
Government - healthy eating  
guidance. The school only  
provides fruit, vegetables,  
water and milk to drink.

Cyngir Clwb Brecwast bob bore yn ystod y tymor am ddim. Cynnig brecwast iachus sy'n dilyn y canllawiau statudol o Lywodraeth Cymru ar fwyta'n iach mewn ysgolion. Mae Clwb brecwast yn dechrau am 8yb a'r mynediad olaf yw 8.25yb.

Clwb ar ôl ysgol tan 5yp am £8.00 y sesiwn. Mae angen archebu a thalu ymlaen llaw. Gallwch ffonio yn ystod y dydd neu siarad ag aelod o staff wrth y drws.

A free Breakfast club is offered every morning during term time. A healthy breakfast is offered that follows the statutory guidance from the Welsh Government on healthy eating in schools. Breakfast club starts at 8am and last entry is 8.25am.

After school club until 5pm at £8.00 a session. Booking and payment is needed beforehand. You can ring during the day or speak to a member of staff by the door.

Mae ffurflen cinio rhad yn y pecyn croeso neu ewch i'n gwefan i gwblhau'ch cais.  
An application form for free school meals is included in the welcome pack – alternatively visit our website to complete your application.

Dogfen bwyta'n iach mewn ysgolion / Healthy eating in schools guidance  
<https://beta.gov.wales/healthy-eating-schools-nutritional-standards-and-requirements-wales-regulations-equality-impact>

**DIGWYDDIADAU ARBENNIG YNG NGHALENDR YR YSGOL FEITHRIN**  
**SPECIAL EVENTS IN THE NURSERY'S CALENDAR**

**Hydref / Autumn**

Gwasanaeth Cynhaeaf i'r plant a'r athrawon.  
Harvest festival for the children and staff.



Pantomeim Nadolig neu ddrama'r Geni a berfformir i'r rhieni a ffrindiau.  
Christmas Pantomime o'r Nativity play performed to parents and friends.



**Gwanwyn / Spring**

Dathlu Dydd Gwyl Ddewi - Cawl, pice ar y maen.  
Celebrate Saint David's Day - Cawl and welsh cakes.



Dathlu Santes Dwynwen  
Celebrate Santes Dwynwen



**Haf / Summer**

Mabolgampau  
Sports Day



**Yn ystod y flwyddyn ysgol mae'r plant hynaf yn mynd ar nifer o ymweliadau addysgol. Gofynnir i rieni lofnodi ffurflen ganiatad ac i wneud cyfraniad at gost yr ymweliad lle bo'n briodol.**

***"Mae gan yr ysgol berthynas fuddiol iawn a rhieni. Mae cyfathrebu effeithiol yn sicrhau bod gwybodaeth berthnasol ar gael i rieni'n barhaus"***

**Adroddiad Estyn - Tymor yr Hydref 2017**

**During the school year the older children go on a number of educational visits. Parents are asked to sign a consent form and where necessary to make contribution towards the cost of the visit.**

***"The school has a very beneficial relationship with parents. Effective communication ensures that relevant information is available to parents continuously"***

**Estyn Report – Autumn Term 2017**

# Cwricwlwm i Gymru 2022

Ein gweledigaeth yma yn Ysgol Feithrin Rhydaman yw datblygu unigolion iach, parchus ac annibynnol sy'n anelu at gyflawni eu potensial llawn. Plant sy'n cydymdeimlo ag eraill, sy'n derbyn ac yn dathlu gwahaniaethau ac yn gofalu am y byd o'u cwmpas.

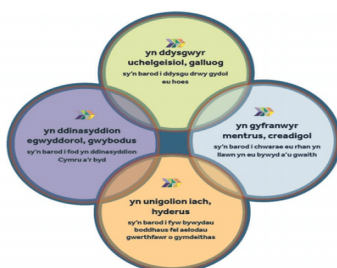
Rydym yn hyrwyddo pwysigrwydd creu a chynnal perthnasoedd iach, cadarnhaol ac yn blaenoriaethu eu lles meddyliol ac emosiynol yn ogystal â'u hiechyd corfforol.

Byddwn yn eu helpu ar eu taith trwy ddarparu amgylchedd dysgu diogel, hapus a chynhwysol lle mae hawliau'r plentyn yn cael eu gwerthfawrogi, a phob agwedd ar draddodiadau Cymru yn cael ei ddathlu.

Ein nod yw eu hysbrydoli i feddwl yn greadigol, cefnogi a meithrin y plant i fod yn ddysgwyr gydol oes a meithrin teimlad o berthyn i gymuned yr ysgol, yr ardal leol, Cymru a'r byd.

## Dibenion y cwricwlwm *Purposes of the curriculum*

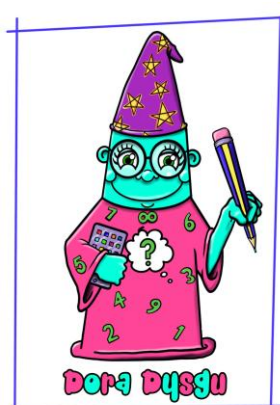
Dibenion y cwricwlwm yng Nghymru yw ceisio sicrhau bod plant a phobl ifanc yn datblygu i fod:



*The purposes of the curriculum in Wales should be that children and young people develop as:*



Dewch i gwrdd a'r criw...



**"Mae'r ysgol yn gwneud defnydd hynod greadigol o'r ardal tu allan i alluogi'r plant i ddatblugu eu medrau corfforol yn llwyddiannus. Mae hyn yn cyfoethogi gwybodaeth y plant am bwysigrwydd gwneud ymarfer corff yn rheolaidd"**

**Adroddiad Estyn - Tymor yr Hydref 2017**

# Curriculum for Wales 2022

Our vision here at Ysgol Feithrin Rhydaman is to develop *healthy, respectful, and independent* individuals who aspire to achieve their *full potential*. Children who *empathise* with others, who accept and *celebrate differences* and *care for the world* around them.

We promote the importance of creating and *maintaining healthy, positive relationships* and prioritise their *mental and emotional well-being* as well as their physical health.

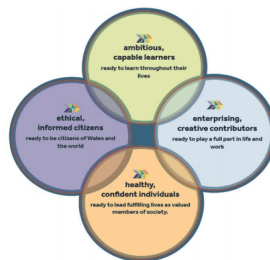
We will help them on their journey by providing a safe, happy and inclusive learning environment in which the *rights of the child are valued*, and all aspects of Welsh traditions are celebrated.

Our goal is to inspire them to *think creatively*, to support and nurture the children to *be life-long learners* and to instal in them a feeling of *belonging* to the school community, the local area, Wales and the world.

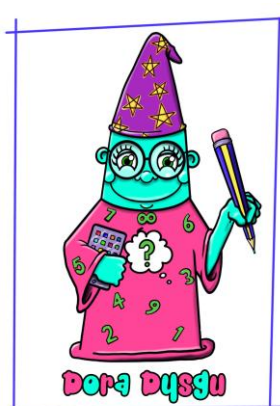
## Dibenion y cwricwlwm *Purposes of the curriculum*

Dibenion y cwricwlwm yng Nghymru yw ceisio sicrhau bod plant a phobl ifanc yn datblygu i fod:

*The purposes of the curriculum in Wales should be that children and young people develop as:*



Come and meet the crew...



***"The school makes extremely creative use of the outdoor area to enable children to develop their physical skills successfully. This enriches children's knowledge of the importance of regular exercise"***

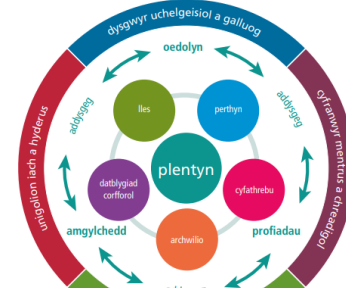
**Estyn Report - Autumn term 2017**

## EIN CWRICWLWM OUR CURRICULUM



| ambitious, capable learners who:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | enterprising, creative contributors who:                                                                                                                                                                                                                                                                                                                                                                                                                                      | ethical, informed citizens who:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | healthy, confident individuals who:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
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| <ul style="list-style-type: none"> <li>set themselves high standards and seek and enjoy challenge</li> <li>are building up a body of knowledge and have the skills to connect and apply that knowledge in different contexts</li> <li>are questioning and enjoy solving problems</li> <li>can communicate effectively in different forms and settings, using both Welsh and English</li> <li>can explain the ideas and concepts they are learning about</li> <li>can use number effectively in different contexts</li> <li>understand how to interpret data and apply mathematical concepts</li> <li>use digital technologies creatively to communicate, find and analyse information</li> <li>undertake research and evaluate critically what they find</li> </ul> | <ul style="list-style-type: none"> <li>connect and apply their knowledge and skills to create ideas and products</li> <li>think creatively to reframe and solve problems</li> <li>identify and grasp opportunities</li> <li>take measured risks</li> <li>lead and play different roles in teams effectively and responsibly</li> <li>express ideas and emotions through different media</li> <li>give of their energy and skills so that other people will benefit</li> </ul> | <ul style="list-style-type: none"> <li>find, evaluate and use evidence in forming views</li> <li>engage with contemporary issues based upon their knowledge and values</li> <li>understand and exercise their human and democratic responsibilities and rights</li> <li>understand and consider the impact of their actions when making choices and acting</li> <li>are knowledgeable about their culture, community, society and the world, now and in the past</li> <li>respect the needs and rights of others, as a member of a diverse society</li> <li>show their commitment to the sustainability of the planet</li> </ul> | <ul style="list-style-type: none"> <li>have secure values and are establishing their spiritual and ethical beliefs</li> <li>are building their mental and emotional well-being by developing confidence, resilience and empathy</li> <li>apply knowledge about the impact of diet and exercise on physical and mental health in their daily lives</li> <li>know how to find the information and support to keep safe and well</li> <li>take part in physical activity</li> <li>take measured decisions about lifestyle and manage risk</li> <li>have the confidence to participate in performance</li> <li>form positive relationships based upon trust and mutual respect</li> <li>face and overcome challenge</li> <li>have the skills and knowledge to manage everyday life as independently as they can</li> </ul> |
| and are ready to learn throughout their lives                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | and are ready to play a full part in life and work                                                                                                                                                                                                                                                                                                                                                                                                                            | and are ready to be citizens of Wales and the world                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | and are ready to lead fulfilling lives as valued members of society                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

| yn ddysgwyr uchelgeisiol, galluog sy'n:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | yn gyfranwyr mentrus, creadigol sy'n:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | yn ddinasyddion egwyddorol, gwybodus sy'n:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | yn unigolion iach, hyderus sydd:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> <li>gosod safonau uchel iddyn nhw eu hunain ac yn chwilio am heriau ac yn eu mynnhau</li> <li>datblygu corff o wybodaeth ac ydylt a'r sgiliau sydd eu hangen i gyflwynu'r wybodaeth honno a'i chymhwyso mewn gwahanol gyd-destunau</li> <li>ymroddgar ac yn mynnhau datrys problemau</li> <li>gallu cyfathrebu'n effeithiol mewn gwahanol ffurfiau a lleoliadau, dros y Cymraeg a'r Saesneg</li> <li>gallu egluro'r sgiliau a'u hysbysu a'u hysbysu</li> <li>gallu defnyddio rhif yn effeithiol mewn gwahanol gyd-destunau</li> <li>deall sut i ddefnyddio data a chymhwyso cynnwysau mathemategol</li> <li>defnyddio technolegau digidol yn greadigol i ennw gwybodaeth, dod o hyd iddi a'i dadnoddoli</li> <li>ymhellwio ac yn gwerthfio eu canfyddiadau'n ffordd</li> </ul> | <ul style="list-style-type: none"> <li>cysylltu ac yn cymhwyso eu gwybodaeth a'u sgiliau i greu syniadau a chymryd</li> <li>meddwl yn greadigol er mwyn seil-lunio a datrys problemau</li> <li>adnabod cyfleoedd ac yn manteisio amyn nhw</li> <li>mentro'n bawlgol</li> <li>arwain ac yn chwarae rôlau gwahanol mewn tîmau'n effeithiol ac yn gyfrifol</li> <li>mynegi syniadau ac emosiynau drwy wahanol gyffwrdd</li> <li>rhoi o'u hysbysu a'u hysbysu</li> <li>sgiliau fel y bydd pobl eraill yn elwa</li> </ul> | <ul style="list-style-type: none"> <li>canfod, yn gwerthfio ac yn defnyddio hystiolaeth wrth ffurfio barn</li> <li>trafod materion cyfoes ar sail eu gwybodaeth a'u gwerthoedd</li> <li>deall ac yn arfer eu cyfrifoldebau a'u hawliau dynol a democrataidd</li> <li>deall ac yn ystyried effaith eu gweithredoedd wrth ddechrau a gweithredu</li> <li>arwain ac yn chwarae rôlau gwahanol mewn tîmau'n effeithiol ac yn gyfrifol</li> <li>parhau angherion a hawliau pobl eraill, fel aelod o gymunedus amrywiol</li> <li>dangos eu hymrwymiad i sicrhau cynaliadwydd y blaned</li> </ul> | <ul style="list-style-type: none"> <li>a gwerthoedd sicr ac sy'n sefydlu eu credau ysbrydol ac egwyddorol</li> <li>yn mentro eu lles meddyliol ac emosiynol drwy datblygu hyder, cadernid ac empati</li> <li>yn cymhwyso gwybodaeth am effaith deiet ac ymarfer corff ar iechyd corfforol a meddyliol yn eu bywyd pob dydd</li> <li>yn gwybod sut i ddod o hyd i'r wybodaeth a'r cymorth sydd eu hangen i gadw'n ddioel ac iach</li> <li>yn cymryd rhan mewn gweithgaredd corfforol</li> <li>yn gwneud penderfyniadau pawlog ynghyd eu ffordd o fyw ac yn rheoli risg</li> <li>a'r hyder sydd ei angen i gymryd rhan mewn perfformiadau</li> <li>yn ffurfio cyberffurfiau cadarnhaol wedi'u seilio ar ymddiriedolaeth a pharch at ei gilydd</li> <li>yn weithrebu hennu ac yn eu gorsegyn</li> <li>a'r sgiliau a'u wybodaeth sydd eu hangen i ddolli a'u bywyd pob dydd mor annibynnol ag y gallan nhw</li> </ul> |
| ac sy'n barod i ddysgu gyda eu bywyddau                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | ac sy'n barod i chwarae rhan lawen mewn bywyd a gwaith                                                                                                                                                                                                                                                                                                                                                                                                                                                               | ac sy'n barod i fod yn ddinasyddion yng Nghymru a'r byd                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | ac sy'n barod i fyw bywyd cyflawn fel aelodau gwerthfawr o gymunedus                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |



### NOD YR YSGOL

Nod yr ysgol yw i ddatblygu'r plentyn i fod yn ddysgwyr annibynnol mewn amgylchedd sy'n hybu hunan ddisgyblaeth a hunan barch.

*"Nodwedd eithriadol o dda yw'r ffordd y mae'r plant yn datblygu annibyniaeth ac yn gweithredu rolau arwain yn aeddfed iawn er mai plant oed meithrin ydynt."*

*Adroddiad estyn – Tymor yr Hydref 2017*

### AIM OF THE SCHOOL

The aim of the school is to develop the child to be an independent learner in an environment, which encourages self-discipline and self-respect.

*"An exceptional feature is the way in which children develop independence and undertake leadership roles very maturely, despite being nursery-aged children"*

*Estyn report – Autumn term 2017*

## PARENTAL LINKS



Rhoddir statws gyfartal i'r iaith Gymraeg a'r Saesneg; mae'r holl arwyddion ac mae'r llythyron a'r e.byst o wybodaeth i rhieni yn ddwyieithog.

Mae gan yr ysgol Gymdeithas Rhieni ac Athrawon weithgar a gwerthfawrogir yr arian mae'r gymdeithas yn codi. Defnyddir yr arian yma i brynu adnoddau ychwanegol i'r dosbarthiadau ac i'r ardaloedd chwarae tu allan.

Cynhelir cyfarfodydd ymgynghorol bob tymor i rhieni drafod datblygiad eu plentyn.

Bob blwyddyn mae'r rhieni a'r plant yn derbyn tasg i'w wneud adre i gyd-rhedeg gyda thema'r tymor. Gwneir arddangosfa o'r eitemau ym mynedfa'r ysgol neu ar yr iard.

Os oes cwyn gan rhiant mae'r Awdurdod wedi sefydlu dull o weithredu trwy ymgynghori yn yr ysgol neu yn Swyddfa'r Awdurdod Addysg, Parc Dewi Sant, Caerfyrddin.

Equal status is given to both the Welsh and English language; all signs and letters of information to parents are bilingual.

There is an active Parent Teacher's Association at the school and the money raised by the association is much appreciated and is used to buy additional resources for the classrooms and the outdoor learning areas.

Consultation evenings are held at the school every term for parents to discuss their child's progress.

Every year the parents and child receive a home / school task to coincide with the term's theme. A display of the items made are placed in the front entrance or the school yard.

If parents wish to make a complaint the Authority has established procedures which are available for consultation at the School or, at the Education Office, St.David's Park, Carmarthen.

# Cytundeb Ysgol Cartref

## Rhieni – Byddaf / byddwn:

- ☐ cefnogi polisiau ysgol
- ☐ yn sicrhau fod fy/ein plentyn yn mynychu'r ysgol yn rheolaidd ac ar amser;
- ☐ yn sicrhau fod fy/ein plentyn wedi ei gwisgo'n addas mewn gwisg ysgol a bod ganddo/ganndi ddillad addas ar gyfer chwaraeon ac ymarfer corff;
- ☐ dangos diddordeb yng ngweithgareddau'r ysgol, a danfon tasgau cartre/ysgol yn ôl yn daclus ac ar amser;
- ☐ yn cefnogi argymhellion yr hysgol fel a nodir ym Mhrosbectws yr Ysgol;
- ☐ cefnogi strwythur disgyblaeth yr ysgol i gynnal ethos positif a chyfeillgar;
- ☐ yn ymdrechu i osgoi cymryd gwyliau teuluol yn ystod amser tymor ysgol;
- ☐ yn hysbysu'r ysgol am unrhyw newid mewn cyfeiriad cartref, rhif ffôn, lle gwaith a chysylltiadau mewn argyfwng;
- ☐ yn cefnogi gweithgareddau'r ysgol.
- ☐ yn sicrhau bod fy mhientyn yn cael bocs bwyd iachus

## 2 Yr Ysgol – Byddwn yn:

- ☐ darparu amgylchedd hapus, gofalgwr lle mae pob disgybl yn cael eu hysgogi a'u hannog i gyflawni eu potensial;
- ☐ cynnig addysg fel a disgrifir ym Mhrosbectws yr Ysgol;
- ☐ cynnig ethos Cymreig a datblygu dwyieithrwydd;
- ☐ cysylltu â rhieni i drafod unrhyw bryderon neu broblemau difrifol y teimlwn sy'n amharu ar waith neu ymddygiad y plentyn;
- ☐ yn ddanfôn adroddiad ysgrifenedig ar ddatblygiad y plentyn yn y Meithrin ar ddiwedd y flwyddyn ysgol.
- ☐ gosod pwyslais ar safonau uchel mewn gwaith ac ymddygiad;
- ☐ hysbysu rhieni am unrhyw weithgareddau a dyddiadau pwysig yng nghalendr yr ysgol.

# Trosglwyddo

Mae'r plant yn gadael yr Ysgol Feithrin ar ddechrau'r tymor cyn eu pumed penblwydd. Ymwelant a'u hysgol newydd yn ystod eu hwythnosau olaf yn yr Ysgol Feithrin. Llenwir ffurflen drosglwyddo sy'n dangos cyrhaeddiadau'r plentyn ymhob maes yn y cwricwlwm ac fe'i throsglwyddir i athrawes babanod y plentyn.

## Home School Agreement

### Parents – I / We shall:

- ☐ support school policies
- ☐ see that my child attends school regularly and on time;
- ☐ see that my child is suitably dressed in school uniform and that he/she has appropriate clothes for sports and physical education;
- ☐ show an interest in my child's schoolwork, and try to ensure that any home/school tasks are neatly presented and returned on the appropriate day;
- ☐ support the school's guidelines as printed in the School Prospectus;
- ☐ support the school discipline procedure to foster a positive and friendly ethos;
- ☐ avoid taking family holidays during term time whenever possible;
- ☐ inform the school of any changes to home address, telephone number, place of work and emergency contacts;
- ☐ support school events
- ☐ ensure my child has a healthy lunch box

### The school – We shall:

- ☐ provide a happy, caring environment where all pupils are motivated and encouraged to achieve their full potential;
- ☐ offer an education as described in the School Prospectus;
- ☐ offer a Welsh ethos and develop bilingualism;
- ☐ contact parents to discuss any concerns or serious problems that occur which we feel may affect the pupil's work or behaviour;
- ☐ send home a written report on the child's progress during the Nursery at the end of the school year.
- ☐ place a strong emphasis on quality and high standards in both work and behaviour;
- ☐ keep parents informed about any special school events/dates.

## Transition

The children leave the Nursery School at the beginning of the term before their fifth birthday. They visit their new school during their last weeks at the Nursery. A transition form is filled showing the child's achievements in all areas of the curriculum and transferred to the child's new infant teacher.

# **POLISIAU**

## **POLICIES**

### **POLISI IAITH**

#### **LANGUAGE POLICY**

Mae'r ysgol yn Ysgol Feithrin llawn amser ac ynddi ddwy ffrwd (Dwyieithog). Rhennir y plant yn ieithyddol yn ôl dewis y rhieni. Pedwar dosbarth sydd yn yr ysgol, dau lle mae'r Gymraeg yn gyfrwng i'r dysgu a lle mae Saesneg yn cael ei ddefnyddio i helpu plentyn o gefndir Saesneg i ymgartrefu. Dysgir y ddau dosbarth arall trwy gyfrwng y Saesneg ac mae'r Gymraeg yn cael ei chyflwyno fel ail iaith.

O fewn y dosbarthiadau dysgir y plant fel dosbarth cyfan, grwpiau yn ôl oedran am y dymor cyntaf ac yna ôl grwpiau datblygiadol.

Ethos Gymraeg sydd i'r ysgol, lle mae'r staff i gyd yn ddwyieithog ac yn siarad Cymraeg a'i gilydd bob amser a fe gyflwynir yr holl ddisgyblion i storïau a thraddodiadau Cymreig.

The school is a full time bilingual Nursery School (Dual stream). The pupils are streamed linguistically according to parental choice. There are four classes in the school, two where the medium of teaching is Welsh with English used to settle a child from an English background. The other classes are taught through the medium of English with Welsh being introduced as a second language.

Within each class the children are taught as a whole class, in groups according to age for the first term and thereafter in groups according to their stage of development.

The ethos of the school is Welsh where all the staff are bilingual and speak Welsh to each other at all times and all the pupils are introduced to Welsh stories and traditions.

## **Perthynas** **Relationships**

Rhoddir anmoliaeth a chydabyddiaeth i'r plant sy'n gwrtais ac yn ymddwyn mewn ffordd dderbyniol a fe dynnir sylw at arfer dda ac fe adeileddir ar yr arfer hwnnw. Rydym yn cynnal seremoni wobrwyo bob dydd lau ar gyfer sêr yr wythnos. Os yw plentyn wedi gwneud rhywbeth arbennig maent yn derbyn tystysgrif 'Seren Yr Wythnos' gan aelod o staff ac yn cael ei gyflwyno gan y Pennaeth.

Os bydd achos o gamymddwyn yn codi bydd aelod o staff yn siarad â'r plentyn ac, os oes angen, sgwrs bellach gan y Pennaeth. Lle bo angen, byddwn yn ymgynghori â'r rhieni i drafod y mater.

Praise and recognition are given to courteous and well-behaved children and attention is drawn to good practice which is being encouraged at all times. We hold an awards ceremony every Thursday for the stars of the week. If a child has done something special, they receive a 'Star Of The Week' certificate from a member of staff and get presented with it by the Head-teacher.

If an incident of misbehaviour arises a member of staff will talk to the child and if necessary, a further conversation from the Head Teacher. Where necessary we will consult with the parents to discuss the matter.

## **Anghenion Ychwanegol** **Additional Needs**

Mae polisi cyfle cyfartal i fechgyn a merched, disgyblion o bob hil a diwylliant yn cael ei weinyddu yn yr ysgol a disgyblion ag anghenion dysgu ychwanegol ac mae pob disgybl yn cael cymaint o sylw unigol â phosibl.

Anogir y rhieni i ddod i'r ysgol i drafod datblygiad addysgol eu plentyn gan yr athrawes ddosbarth yn gyson.

Dilynir y côd ymarfer ADY ac mae'r staff yn mynychu cyfarfodydd cyson i ddiweddarau gwybodaeth. Os oes problem tymor hir gan blentyn mae'r brifathrawes gyda chaniatad y rhieni yn galw am help arbenigol ychwanegol oddi wrth asiantaethau allanol fel y Seicolegydd Addysg a'r Therapydd Llefaredd.

Mae asesiad cychwynol o fewn y chwech wythnos cyntaf ar gyfer datblygiad iaith a llafaredd. Mae'r plentyn wedyn yn cael sesiynau ychwanegol yn ystod y dydd.

Mae'r dosbarthiadau a'r iard chwarae ar yr un lefel ac mae ramp yn arwain at drws dwbwl ym mynedfa'r ysgol ar gyfer cadeiriau olwyn.

CADY yw Mrs Michelle Jones

An equal opportunity policy for boys and girls, pupils of all races and cultures is administered in the school and pupils with additional learning needs and all pupils receive as much individual attention as possible.

Parents are encouraged to discuss their child's educational progress with the class teacher on a regular basis.

The ALN Code of Practice is followed and staff attend regular meetings to update information. If a child has a long term problem the Head Teacher with the parents' consent, will seek further professional advice from outside agencies such as the Educational Psychologist and Speech Therapist.

An initial six week assessment on the child's Speech and language development is done in the child's first term. The child is then taken out for extra support during the day.

The classrooms and the playing yard are on one level with a ramp for wheelchairs leading to double doors in the school's entrance.

The ALNCO Is Mrs Michelle Jones

#### **DIOGELU AC AMDDIFFYN PLANT** **CHILD PROTECTION AND SAFEGUARDING CHILDREN**

Mae gan yr ysgol bolisi Diogelu ac Amddiffyn Plant sy'n gysylltiedig ar ganllawiau cenedlaethol. Yr aelod o staff a chyfrifoldeb diogelu plant yw y pennaeth ac yn ei habsenoldeb Mrs Michelle Jones a Mrs Nerys Williams. Mr Chris Jones yw aelod o'r Llywodraethwyr sydd a'r cyfrifoldeb am ddiogelwch

The school has a Child protection and Safeguarding children policy which is linked to the national guidelines. The head teacher is the responsible person in the school for safeguarding children and in her absence Mrs Michelle Jones and Mrs Nerys Williams. Mr Chris Jones is the Governor who holds this responsibility for safeguarding.

#### **PLANT MEWN GOFAL (PMG)** **LOOKED AFTER CHILDREN (LAC)**

Y pennaeth, Emma Parfitt sydd a chyfrifoldeb am blant mewn gofal.

The head teacher, Emma Parfitt is the designated person with responsibility for looked after children.

#### **CYFLEUOEDD CYFARTAL** **EQUAL OPPORTUNITIES**

Mae'r Ysgol yn gwerthfawrogi ac yn ymfalchio yng nghyfraniadau pob unigolyn beth bynnag eu anabledd, rhyw, tras, tarddiad ethnig, iaith neu grêd. Mae gan pob ddisgybl fynediad i gwricwlwm eang a chytbwys. Oblegid eu hanghenion neu anabledd penodol, mae'n bosib y byddai

angen cymorth ychwanegol ar rhai er mwyn cael mynediad llawn i'r Cwricwlwm cyfan.

Mae staff a llywodraethwyr yr Ysgol yn ymgeisio i ddatblygu pob plentyn fel unigolyn, beth bynnag eu hoed, rhyw, tras, crêd neu anabledd.

The school values the contribution of all citizens irrespective of disability, gender, race, ethnic origin, language, or religion. All children have access to a broad and balanced curriculum. Some children because of a disability may need extra support to access the whole curriculum.

The staff and governors seek to develop each child as an individual, regardless of their age, sex, race, religion or disability.

Mae copiau o holl bolisiau a chynlluniau gwaith ar gael yn yr ysgol ac os bydd rhieni am ei darllen, dylid gwneud trefniadau gyda'r pennaeth ar gyfer hynny.

All school policies and schemes of work are available at the school and can be viewed by parents after arrangements with the head teacher.

### **ADDYSG GREFYDDOL**

#### **RELIGIOUS EDUCATION**

Dilynnir maes llafur addysg grefyddol anenwadol yn yr ysgol a chaiff y pwnc ei gynnwys yn themau'r ysgol fel pob pwnc arall. Mae gan rieni hawl i gadw eu plant o unrhyw agwedd ar addysg grefyddol; anogir hwy i drafod hyn gyda'r brifathrawes ymlaen llaw.

Religious Education in the school follows a non-denominational syllabus and is included in the school's theme work like all other subjects. Parents have the right to exclude their children from any aspect of religious education, if they wish, and are encouraged to discuss this with the Head Teacher beforehand.

### **MESUR CYNNYDD**

#### **MONITORING PROGRESS**

Rhieni yw addysgwyr cyntaf y plentyn ac y maent yn parhau i chwarae rhan bwysig yn addysg eu plant wedi iddynt ddechrau'r ysgol.

Cedwir cofnod parhaus o gynnydd y plentyn tra yn yr Ysgol Feithrin yn cynnwys:

1. Proffil cyn-ysgol.
2. Manylion personol sy'n cael eu diweddarau'n rheolaidd.
3. Lluniau a fideos yn dangos cynnydd ym mhob maes o'r cwricwlwm.
4. Taflen cynnydd sy'n cael ei diweddarau'n rheolaidd a'i hadrodd yn ôl i rieni.

Bob tymor cynhelir noson rhieni i drafod cynnydd eu plentyn. Bydd pob plentyn yn derbyn adroddiad ysgrifenedig addysgol ar ddiwedd eu taith ddysgu yn yr Ysgol Feithrin

Parents are the child's first educationalists, and they continue to play an important role in their children's' education after they've started school.

The starting point is what the child can do, and the aim is to progress to the next step through new first-hand experiences.

A continuous record of the child's progress whilst at the Nursery School is kept comprising of:

1. Pre-school profile.
2. Personal details which are updated regularly.
3. Pictures and videos showing progress in every area of the curriculum.
4. Progress sheet which is updated regularly and reported back to parents.

Every term a parents evening is held to discuss the progress of their child. Every child will be given an educational written report at the end of their learning journey at the Nursery School.

## **TOILEDAU** **TOILETS**

**Mae chwech toiled yn yr ysgol i gyd gyda chwech sinc i olchi dwylo. Mae'r toiledau yn cael ei glanhau ar ddiwedd pob dydd ac hefyd gan aelodau o staff trwy gydol y dydd.  
Mae gennym bolisi gofal personol ar gael.**

There are six toilets in total in the school with six wash basins for hand washing. The toilets are cleaned by the cleaner at the end of every school day and are also cleaned by members of staff throughout the day.  
We have an Intimate Care Policy available.

## **e POLISY** **e POLICY**

**Gweler ein gwefan ysgol am yr holl wybodaeth.**  
All information can be viewed on our school website.

**GWEFAN / WEBSITE – [www.feithrin-rhydaman.ysgolccc.cymru](http://www.feithrin-rhydaman.ysgolccc.cymru)**

## **TREFNIADAU TYWYDD GARW** **BAD WEATHER ARRANGEMENTS**



Os na fydd yn bosibl agor yr ysgol oherwydd tywydd garw mi fydd y Brifathrawes yn rhoi hysbyseb ar Radio Sir Gâr ac ar wefan Cyngor Sir Gaerfyrddin. Os bydd rhaid i'r ysgol gau yn gynnar oherwydd tywydd garw gofynnir i'r rhieni dros y ffôn drefnu i gasglu eu plant. Gwneir y cyhoeddiad hefyd trwy Dojo a Trydar.

If it is not possible to open the school in the morning due to bad weather the Head Teacher will inform Radio Sir Gâr and Carmarthenshire County Council's web site. If the school has to be closed early because of bad weather parents will be asked by telephone to arrange collection of the children. The announcement will also be made via Dojo and Twitter

## **CWYNION** **COMPLAINTS PROCEDURE**

Os oes gan riant gwyn, y drefn arferol yw i drafod yr achos gyda'r athrawes ddosbarth yn y lle cyntaf, yna gyda'r pennaeth a fydd yn cyfeirio'r gwyn at lywodraethwyr yr Ysgol os na chaiff yr achos ei ddatrys mewn ffordd bodlonol.

If a parent has a complaint about anything, the normal procedure is to speak to the teacher, followed by the Headmistress who will refer the matter to the Governors should the matter not be addressed satisfactorily.

## IECHYD A DIOGELWCH

Nôd yr ysgol yw i ddarparu amgylchedd iach a diogel i'r plant, staff a phawb sy'n ymweld a'r adeilad. Cymerir camau gweithredol i sicrhau fod y cyfarpar, adeiladau a'r iard tu allan yn ddiogel ac yn cael eu cynnal yn rheolaidd.

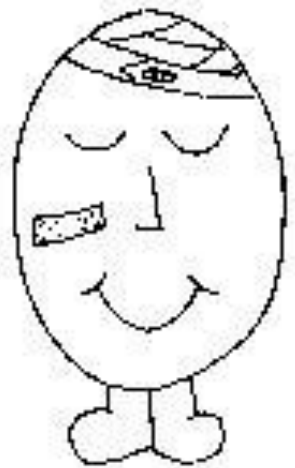
Gofynnir i rieni i sicrhau fod yr ysgol yn derbyn unrhyw newidiaeth yn eu cyfeiriad a rhif ffon er mwyn galluogi'r ysgol i gysylltu a'r rhieni mewn argyfwng neu salwch.

Bydd aelodau'r staff sydd a chymhwyster Cymorth Cyntaf yn ymdrin a damweiniau bychain ond os digwydd rhywbeth mwy difrifol gofynir am gyngor meddygol. Bydd darpariaeth Cymorth Cyntaf yn rhan o drefniadau gweithgareddau allgyrsiol yr ysgol.

Ni fydd y staff yn gweinyddu unrhyw feddyginiaeth i'r disgyblion, ond, mewn achosion eithriadol fe ofynnir i'r rhieni ddod a'r mesur cywir o foddion yn ddyddiol mewn potel wedi'i labelu a fe'i cedwir allan o afael y plant.

Cynhelir ymarferion tân yn rheolaidd a fe ddysgir y plant i adnabod swm y larwm ac i fynd heb oedi i'r manau casglu. Mae cyfarpar diffodd tân ar gael yn yr adeilad ac yn cael eu cynnal yn rheolaidd.

Mae adeiladau'r ysgol yn gylchfa ddi-ysmygu ac fe weinyddir polisi dim cwn.



**SWYDDOG IECHYD A DIOGELWCH : Mrs Emma Parfitt**  
**HEALTH AND SAFETY OFFICER : Mrs Nerys Williams**

## HEALTH AND SAFETY

The aim of the school is to provide a safe and health environment for children, teaching, non teaching staff and all other people who come on to the premises. Active steps are taken to ensure that the equipment, buildings and grounds are safe, secure and well maintained.

Parents must ensure that the school has up to date addresses and telephone numbers so that parents may be swiftly contacted in emergencies or illness.

Minor accidents are dealt with by members of staff who are qualified first aiders, but in the case of a more serious accident medical advice will be sought. First Aid provision will form part of the arrangements for all out of school activities.

Staff do not administer any medication to pupils in school but in exceptional cases parents are asked to bring the correct dosage in a labelled container daily which will be kept out of the children's reach.

Fire drills are held regularly and the children are taught to recognise the warning signal and to proceed without delay to the assembly points. Fire fighting equipment is available and is maintained regularly.

The whole school building is a non-smoking zone and a no dog's policy is administered.

## Presenoldeb a Phrydlondeb

Rydyn yn annog presenoldeb uchel o bob plentyn er mwyn iddynt gymryd mantais o'r profiadau addysgol rydyn yn darparu ar eu cyfer. Ein nod yw bod pob plentyn â phresenoldeb o, o leiaf 92%. Gofynnwn i rieni sicrhau fod plant yn cyrraedd yn brydlon cyn 9.00yb ar gyfer cofrestru pob dydd. Mewn argyfwng, os nad ydych yn gallu cyrraedd yr ysgol erbyn 2.45yb, cysylltwch â ni cyn gynted ag sy'n bosib.

### Beth i'w wneud pan mae'ch plentyn yn absennol

Cysylltwch â'r ysgol ar y diwrnod cyntaf o'r absenoldeb gan nodi enw'r plentyn, y dosbarth a'r rheswm dros yr absenoldeb. Rhaid cysylltu â'r ysgol pob dydd mae eich plentyn yn absennol. Os dydyn ni ddim wedi derbyn galwad ffôn erbyn 9.30yb, bydd yr ysgol yn cysylltu â chi.

Darllenwch yr arweiniad diweddaraf gan 'PHW - Atal a Rheoli Heintiau 2024 -

[Hafan - Iechyd Cyhoeddus Cymru \(gig.cymru\)](#)

### Apwyntiadau meddygol

Os yn bosib, rhwch wybod i'r ysgol am unrhyw apwyntiadau meddygol yn ystod oriau ysgol cyn y dyddiad.

### Absenoldeb yn ystod y tymor.

Bydd unrhyw wyliau sy'n cael eu cymryd yn ystod y tymor yn cael eu nodi heb ganiatad. O dan amodau eithriadol, gall yr ysgol yn gyfreithlon caniatáu absenoldebau, ond dydy gwyliau ddim yn gallu cael eu cynnwys. Dylid danfon llythyr yn gofyn am ganiatad i'r ysgol cyn y cyfnod o absenoldeb, cyn i ganiatad gael ei rhoi neu beidio. Os dydy'r ysgol ddim yn derbyn llythyr, gallai'r absenoldeb fod heb ganiatad, ac hefyd gall enw'r plentyn gael ei gymryd bant o'r gofrestr.

## Attendance and punctuality

We promote good attendance to enable pupils to take full advantage of the educational opportunities we offer. Our target is for all pupils to have at least 92% attendance. We ask parents to ensure that children arrive at school in good time for registration each day before 9.00am. Children should be collected promptly at 2.45pm, which is the end of the school day. If an unavoidable delay occurs, please contact the school as soon as possible.

### What to do if your child is absent from school

Please phone on the first day of absence leaving your child's name, class and reason for absence. This needs to be done every day that your child is absent from school. If we have not heard from a parent by 9:30am as to why their child is absent from school, we will ring all the contact numbers registered for that child until contact is made.

Please read the latest guidance from 'PHW - Infection, Prevention and Control 2024 - [Home - Public Health Wales \(nhs.wales\)](#)

### Medical Appointments

If possible, please advise the office prior to the date of all medical appointment to be held during school hours.

### Leave of Absence during Term Time

Holidays taken during term time are classed as unauthorised absence. The school may legally authorise a request for leave where there are 'exceptional circumstances' but these cannot include holidays. A written request should be submitted to the school before the leave can be authorised and taken. If this is not done, the absence may be recorded as unauthorised and this could lead to the child's name being removed from the register.

## STATWS YSGOL ECO ECO SCHOOL STATUS

Ni yw'r Ysgol Feithrin gyntaf yng Nghymru i dderbyn y Faner Werdd Eco a statws Ysgol Eco. Rydym yn annog y plant i edrych ar ôl yr amgylchedd ac i gadw'r côd eco.

Côd Eco  
Rhaid...

B – Bwytwch byrbrydau iach.  
A – Ailgylchwch blastig.  
R – Rhowch sbwriel yn y bin.  
T – Trowch tapiau dŵr i ffwrdd.  
I – I fod yn ddinasyddion byd-eang.

B – Bod yn ofalgar gyda'r byd.  
Y – Ymarfer corff yn gyson.  
D – Diffoddwch y golau.



The School is the first Nursery in Wales to be awarded the European Green Eco-Flag and Eco-School status. We encourage the children to take care of the environment and to keep to the Eco-code.

Eco-Code  
We must...

B – Be ready to eat healthy snacks.  
A – Always turn water taps off.  
R – Recycle plastic.  
T – To be global citizens.  
I – I must exercise daily.

B – Be caring towards the world.  
Y – You should always put rubbish in the bin.  
D – Do your best to turn the lights off.



## YSGOLION IACH HEALTHY SCHOOLS

Mae'r 'Ysgol Iach' yn un sy'n cymryd cyfrifoldeb dros gynnal a hyrwyddo iechyd pawb sy'n 'dysgu, gweithio, chwarae a byw' ynddo nid yn unig trwy addysgu disgyblion yn ffurfiol am sut i fyw bywydau iach ond trwy alluogi disgyblion a staff i gymryd rheoli agweddau ar amgylchedd yr ysgol sy'n dylanwadu ar eu hiechyd.

Mae'n hyrwyddo, yn diogelu ac yn ymgorffori iechyd a lles corfforol, meddyliol a chymdeithasol ei chymuned trwy weithredu cadarnhaol. Gellir cyflawni hyn trwy bolisi, cynllunio strategol a datblygiad staff am ei chwricwlwm, ethos, amgylchedd ffisegol a chysylltiadau cymunedol.

*Rydym ni fel ysgol wedi ennill y Wobr Ansawdd Genedlaethol (NQA) ar gyfer ysgolion iach*

Rydym yn edrych ar 7 ardal-

- ☐ Hyllendid
- ☐ Bwyd a ffitrwydd
- ☐ Diogelwch
- ☐ Sylweddau
- ☐ Datblygiad Personol a Chydberthynas
- ☐ Amgylchedd
- ☐ Iechyd a Lles Meddyliol ac Emosiynol



The 'Healthy School' is one which takes responsibility for maintaining and promoting the health of all who 'learn, work, play and live' within it not only by formally teaching pupils about how to lead healthy lives but by enabling pupils and staff to take control over aspects of the school environment which influence their health.

It actively promotes, protects and embeds the physical, mental and social health and well being of its community through positive action.

This can be achieved by policy, strategic planning and staff development about its curriculum, ethos, physical environment and community relations.

*We as a school have gained the National Quality Award (NQA) for healthy schools.*

*We are looking at 7 areas-*

- ☐ Hygiene
- ☐ Food and fitness
- ☐ Safety
- ☐ Substances
- ☐ Personal development and Relationships
- ☐ Environment
- ☐ Mental & Emotional Health & Well-being



## GWOBR IECHYD Y GWEITHLE BACH SMALL WORKPLACE HEALTH AWARD

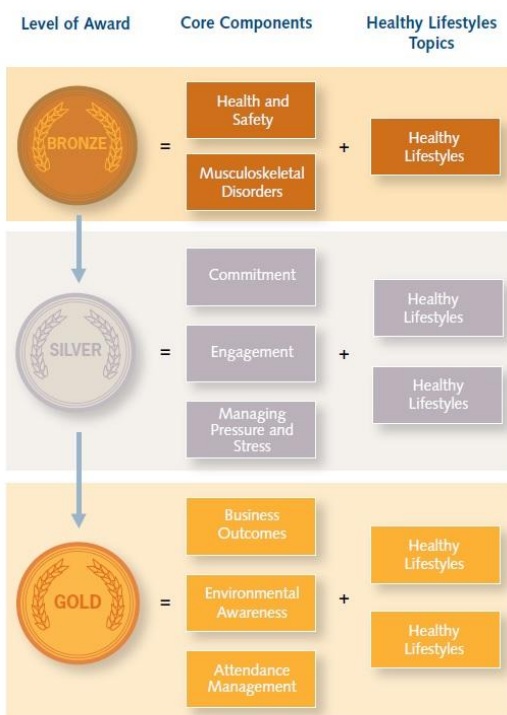
Mae'r wobwr yn nod ansawdd iechyd a lles cenedlaethol sydd wedi'i hanelu at sefydliadau bach. Mae'r wobwr wedi cael ei rhannu mewn i dair lefel; Efydd, arian ac aur ac yn adlewyrchu camau gweithredu sy'n canolbwyntio ar ansawdd iechyd a lles yn y gweithle.

Rydym wedi cyflawni'r wobwr efydd ac yn awr yn gweithio tuag at arian.

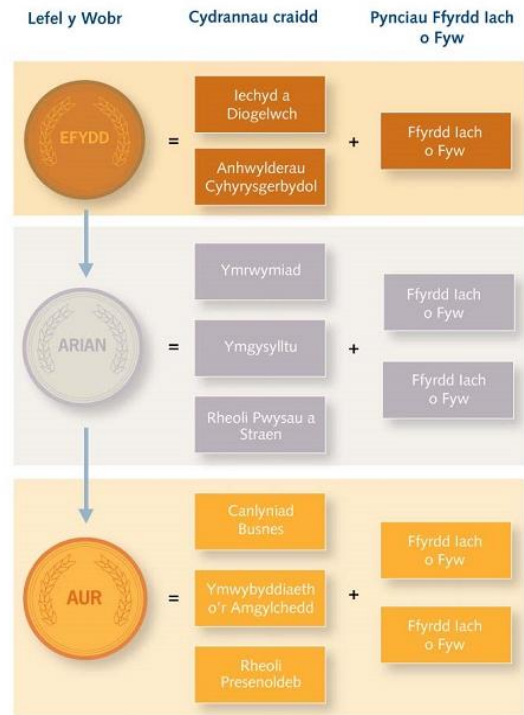


The award is a national mark of quality for health and wellbeing aimed at small organisations. The award is divided up into three levels; Bronze, Silver and Gold and reflect a range of actions that focus on the quality of health and wellbeing in the workplace.

We have achieved the bronze award and are now working towards silver.



Healthy Lifestyles Topics: Tobacco, Healthy Eating, Physical Activity, Alcohol and Work, Drugs and Work.



Pynciau Ffyrdd Iach o Fyw: Tybaco, Bwyta'n Iach, Gweithgarwch Corfforol, Alcohol a Gwaith, Cyffuriau a Gwaith.

## **SAIB A SYMUD** **PAUSE POINTS**

**Mae Saib a Symud yn britho pob diwrnod gyda sgiliau llesiant trosglwyddadwy, yr un mor effeithiol gartref ac yn yr ysgol.**

**Cael gwared a straen – Canolbwyntio – Magu gwydnwch – Ymgysylltu a dysgu**

**Canfuwyd bod ioga yn gwella sylw mewn oedolion a phlant. Canfu astudiaethau y dylai arferion ioga gael eu haddasu'n arbennig i blant, fel eu bod yn gallu manteisio o ddifrif ar yr effeithiau cadarnhaol a welwyd mewn oedolion, o ystyried aeddfedrwydd eu hymennydd**

**Ein nod ni fel ysgol yw gwneud tri ymarfer PausePoints (Yoga) y dydd. Un ar ddechrau'r gwasanaeth, un ar ôl egwyl cinio, ac yna un arall ar ddiwedd y dydd.**

**Teimlwn fod hyn yn ymlacio'r plant cyn parhau â'u gweithgareddau ysgol.**



**Pause Points brightens every day with transferable well-being skills, equally effective at home and at school.**

**Get rid of stress – Concentrate – Build resilience – Engage and learn**

**Yoga has been found to improve attention in adults and children. Studies have found that yoga practices should be specially adapted for children, so that they can really take advantage of the positive effects seen in adults, given the maturity of their brain**

**We as a school aim to do three PausePoints (Yoga) exercises a day. One at the beginning of assembly, one after dinner break, and then another at the end of the day.**

**We feel this relaxes the children before continuing with their school activities.**

## ERASMUS+ ERASMUS+

Erasmus+ yw rhaglen yr Undeb Ewropeaidd ar gyfer addysg, hyfforddiant, ieuencid a chwaraeon. Mae'n rhedeg am saith mlynedd, o 2014 tan 2020, ac estynnir gwahoddiad i sefydliadau ymgeisio am gyllid bob blwyddyn er mwyn cyflawni gweithgareddau creadigol a gwerth chweil.

Nod Erasmus+ yw moderneiddio addysg, hyfforddiant a gwaith ieuencid ar draws Ewrop. Mae'n agored i sefydliadau addysg, hyfforddiant, ieuencid a chwaraeon ar draws pob sector dysgu gydol oes gan gynnwys addysg mewn ysgolion, addysg bellach ac uwch, addysg i oedolion a'r sector ieuencid.

*Gall sefydliadau'r DU gydweithio â phartneriaid rhyngwladol, i yrru arloesedd, rhannu arfer gorau, a chynnig cyfleoedd newydd i bobl ifanc.*

Rydym wedi gweithio gyda Gwlad Pwyl ac Estonia i greu prosiect i ddatblygu gallu'r disgybl i siarad iaith ychwanegol i gyd-fynd â chwricwlwm newydd Donaldson. I helpu i ddatblygu parch a goddefgarwch ein disgyblion tuag at eraill o wahanol wledydd y byd. Rydym wedi enwi'r prosiect yn "Ddysgwyr Iaith Fach."

Ymwelodd Gwlad Pwyl ac Estonia ym mis Tachwedd 2019 lle canodd y plant ganeuon Cymraeg traddodiadol a dangos iddynt y gwisgoedd Cymreig traddodiadol a wisgid gan y plant. Fe aethon ni â nhw ar ymweliadau i weld yr holl drefi a dinasoedd lleol gwych sydd gennym ni.

Ymwelon ni ag Estonia ym mis Chwefror 2020 a Gwlad Pwyl ym mis Mehefin 2022. Roedd y ddau ymweliad yn hynod o lwyddiannus lle rydym wedi gwneud cysylltiad a chyfeillgarwch am flynyddoedd i ddod. Mae'r holl wybodaeth a lluniau ar gael ar ein gwefan.



## Erasmus+

Erasmus+ is the European Union programme for education, training, youth and sport. It runs for seven years, from 2014 to 2020, with organisations invited to apply for funding each year for life-changing activities.

Erasmus+ aims to modernise education, training and youth work across Europe. It is open to education, training, youth and sport organisations across all sectors of lifelong learning, including school education, further and higher education, adult education and the youth sector. Through Erasmus+:

*UK organisations can collaborate with international partners, to drive innovation, share best practice, and offer new opportunities to young people.*

We have worked with Poland and Estonia to create a project to develop the pupil's ability to speak an additional language. To correspond with Donaldson's new curriculum and to help develop our pupils respect and show tolerance towards others from different countries around the world. We have named the project "Little Language Learners."

Poland and Estonia visited in November 2019 where the children sang traditional Welsh songs and showed them traditional Welsh costumes worn by the children. We took them on visits to see all the wonderful local Welsh towns and cities we have.

We visited Estonia February 2020 and Poland in June 2022. Both extremely successful visits where we have made a link and friendship for years to come. All information and pictures available on our website.

## TAITH TAITH

Mae Taith yn rhaglen cyfnewid dysgu rhyngwladol a sefydlwyd i greu cyfleoedd sy'n newid bywydau i bobl yng Nghymru ddysgu, astudio a gwirfoddoli ledled y byd. Rydym yn ymgorffori ymagwedd ryngwladol i bob lefel o'n system addysg. Mae Taith ar gyfer pobl ym mhob rhan o Gymru, ac ym mhob math o leoliad addysg.

Amcanion y prosiect hwn oedd arsylwi a datblygu dysgu yn yr awyr agored a'u dulliau o ymdrin â llesiant staff a disgyblion o fewn ysgolion. Y nod yw y gallwn gasglu syniadau arloesol newydd a allai wella ein harferion ac uwchsgilio ein holl staff. Gwneir hyn drwy arsylwi arferion da o fewn dosbarthiadau, mynychu cyfarfodydd gydag aelodau allweddol o staff addysgu ynghyd â chyfarfodydd gydag aelodau o'u byrddau addysgol ac edrych ar gwricwlwm eu hysgolion a'u gwledydd.

### Canada - Ebrill 2024

Pwrpas yr ymweliad hwn oedd gweld sut y gwnaethant hyrwyddo Llesiant yn eu hysgol a chaniatáu i'w plant ffynnu go iawn yn eu haddysg.

### Sweden – Mehefin 2024

Pwrpas yr ymweliad hwn yw gweld sut maent yn defnyddio dysgu yn yr awyr agored a'r hyn y maent yn ei ddefnyddio i'w hyrwyddo. Mae gan Sweden ardaloedd gwledig helaeth gyda llawer o goetir a mannau awyr agored i gael mynediad.

### Singapore - Mawrth 2025

Pwrpas yr ymweliad hwn yw gweld sut maent yn defnyddio dysgu yn yr awyr agored a'r hyn y maent yn ei ddefnyddio i'w hyrwyddo. Sut maen nhw'n gweithredu dysgu yn yr awyr agored mewn ardal drefol mewn dinas ac yn gwneud y gorau o'r awyr agored wrth ennyn diddordeb plant mewn jyngl goncrit.



Taith is an international learning exchange programme established to create life-changing opportunities for people in Wales to learn, study and volunteer all over the world. We embed an international approach in to every level of our education system. Taith is for people in every part of Wales and in every type of education system.

The objectives of this project for our school were to observe and develop outdoor learning and their approaches to both staff and pupils' well-being within schools.

The aim is that we can collect new innovating ideas that could improve our practices and upskill all our staff. This will be done through observing good practices within classes, attending meetings with key members of teaching staff plus meetings with members of their educational boards and looking at their school and countries curriculum.

### Canada – April 2024

The purpose of this visit was to see how they promoted Well-being within their school and allowed their children to really thrive in their education.

### Sweden – June 2024

The purpose of this visit is to see how they utilise outdoor learning and what they use to promote it. Sweden has vast rural areas with lots of woodland and outdoor spaces to access.

### Singapore – March 2025

The purpose of this visit was to see how they utilise outdoor learning and what they use to promote it. How they implement outdoor learning in an urban area in a city and make the most of the outdoors whilst engaging children in a concrete jungle.

## **MASNACH DEG** **FAIRTRADE**

**Mae dod yn Ysgol Masnach Deg yn golygu ymuno â mudiad byd-eang - mudiad lle mae pobl ifanc yn dysgu bod ganddyn nhw'r pŵer, beth bynnag fo'u hoedran, i wneud gwahaniaeth yn y byd.**

**Mae'n cynnig cyfle gwych i edrych ar faterion byd-eang fel o ble mae ein bwyd yn dod a sut rydyn ni'n gysylltiedig â phobl ledled y byd. Gall myfyrwyr hefyd ddysgu ystod o sgiliau, o waith tîm a chydweithrediad i ysgrifennu perswadiol i redeg stondin neu siop fwyd.**

Fair Aware - FairAware yw'r Wobr Ysgolion Masnach Deg gyntaf ac mae'n ymwneud â darganfod ble mae'ch ysgol o ran deall Masnach Deg a defnyddio cynhyrchion Masnach Deg.

Fair Actif - Ar ôl dysgu am Masnach Deg ar gyfer eich gwobr gyntaf, gallwch symud ymlaen i FairActive a dechrau gweithredu ar gyfer Masnach Deg!

Fair Achiever - Ar yr adeg hon mae'r ysgol wedi ymgorffori Masnach Deg yn llawn yn eu bywyd bob dydd ac yn gweithio i godi ymwybyddiaeth o Fasnach Deg yn eu cymuned leol.



**Gweithio tuag at**  
**Working towards**



**Becoming a Fairtrade School means joining a worldwide movement – a movement where young people learn that, whatever their age, they have the power to make a difference in the world.**

**It offers a great opportunity to look at global issues such as where our food comes from and how we are connected to people around the world. Students can also learn a range of skills, from teamwork and co-operation to persuasive writing to running a stall or tuck shop.**

**Fair ware - FairAware is the first Fairtrade Schools Award and is about finding out where your school is in terms of understanding Fairtrade and using Fairtrade products.**

**Fair Active - After learning about Fairtrade for your first award, you can move onto FairActive and start taking action for Fairtrade!**

**Fair Achiever - At this point the school has fully embedded Fairtrade into their daily life and work to raise awareness of Fairtrade in their local community.**

**Siaradwch a'ch plentyn.**  
**Yr anrheg gorau i'ch plentyn yw eich *AMSER***



**Talk to your child.**  
**The greatest gift you can give your child is your time**

