



# Home Activities



## Daily Activities

\*Play maths games on the link below. Choose any game you like

<https://www.topmarks.co.uk/maths-games/5-7-years/counting>

\*Practise neat handwriting, making sure your letters are sitting on the line and facing the right way.

\*Read or listen to a story on the Oxford Owl website or from your favourite story book.

<https://www.oxfordowl.co.uk/for-home/find-a-book/library-page>

More stories to read/listen to on

<https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/>

## Language, Literacy and Communication/ICT

Read the green words in the link below, practise blending the sounds to read them.

<https://www.oxfordowl.co.uk/api/interactives/29096.html>

Read the ditties and match to the pictures in the file called **Read and Match** in your shared files.

## Mathematical Development

This week we're going to look at capacity. Capacity is the amount of liquid a container holds.

First, click through the PowerPoint called **Measuring Capacity** to learn about capacity.

Next, complete the activity called **Spoon Challenge** in your HWB account. Instructions are on the file when you open it.

Practise measuring the capacity of other containers like saucepans, jugs and buckets using cups to measure their capacity.

## Health and Wellbeing

This week is National School Sport Week. Follow the links below to learn how to play some target games at home.

**Frisbee Golf**

[https://www.youtube.com/watch?v=Tn8utqG\\_vis](https://www.youtube.com/watch?v=Tn8utqG_vis)

**King of the Cones**

[https://www.youtube.com/watch?v=GxN9cYj6eX8&feature=youtu.be&list=PLYGRaluWWTojV3An2WEgsQ4qGFy\\_91jDL](https://www.youtube.com/watch?v=GxN9cYj6eX8&feature=youtu.be&list=PLYGRaluWWTojV3An2WEgsQ4qGFy_91jDL)

**Tap Up Tennis**

<https://www.youthsporttrust.org/sites/default/files/Tap%20Up%20Tennis%20Challenge.pdf>

**In the box**

<https://www.youthsporttrust.org/sites/default/files/Home%20PE%20In%20the%20Box.pdf>

**Target Games**

<https://www.youtube.com/watch?v=8JJjNKyXsWs>

## ICT

"Health professionals suggest that children between 4 and 8 years old should drink 1.2 litres of water per day. That's about 5 cups/small glasses each day. In hot weather or when you are taking part in sport you might need to drink more! "

**Do you drink enough liquids?**

Using the file called 'Go with the flow' on Jit5, keep a drink diary for 1 week noting how many glasses of liquids you drink each day. Write the days of the week on one side of the table and the amount of drinks you have each day next to them.

## Welsh Activity of the Week

Listen to the Welsh song 'Cadw'n Heini' (Keeping fit)

<https://cyw.cymru/en/songs/canu-gyda-cyw-sing-with-cyw-cadwn-heini/>