

# Swimming Pool Timetable

**Easter Holidays Week 1- Monday 11<sup>th</sup> – Sunday 17<sup>th</sup> April**

## Monday

7am – 8am	Lane Swimming
8am – 9am	Lane Swimming
9.15am – 11.30am	Intensive Lessons
11.45am – 12.45pm	Lane Swimming
1pm – 2.30pm	Public Swimming
2.45pm – 3.30pm	Swim Pod session
3.30pm – 4.15pm	Swim Pod session
4.30pm – 5.30pm	Public Swimming
5.45pm – 6.30pm	Swim Pod session
8pm – 9pm	Lane Swimming

## Tuesday

7am – 8am	Lane Swimming
8.15am – 9.15am	Aqua Fit
9.15am – 11.30am	Intensive Lessons
11.45am – 12.45pm	Lane Swimming
1pm – 2.30pm	Public Swimming
2.45pm – 3.30pm	Swim Pod session
3.30pm – 4.15pm	Swim Pod session
5.15pm – 6pm	Swim Pod session
6pm – 6.45pm	Swim Pod session
7.15pm – 8pm	Adult Improver Lessons
8.15pm – 9pm	Lane Swimming

## Wednesday

7am – 8am	Lane Swimming
8am – 9am	Lane Swimming
9.15am – 11.30am	Intensive Lessons
11.45pm – 12.45pm	Lane Swimming
1pm – 2.30pm	Public Swimming
2.45pm – 3.30pm	Swim Pod session
3.30pm – 4.15pm	Swim Pod session
5pm – 5.45pm	Pool inflatable*
6.30pm – 8pm	Public Swimming
8pm – 9pm	Lane Swimming

### Please note:

Book & pay in advance is advisable.

**Learner Pool only**

**FREE for all registered juniors**

\*Aged 8+ must be competent swimmers in the deepend.

## Thursday

7am – 8am	Lane Swimming
8am – 9am	Lane Swimming
9.15am – 11.30am	Intensive Lessons
11.45am – 12.45pm	Aqua Fit
11.45am – 12.30pm	Swim Pod session
1pm – 2.30pm	Public Swimming
2.45pm – 3.30pm	Swim Pod session
3.30pm – 4.15pm	Swim Pod session
6pm – 6.45pm	Swim Pod session
7.15pm – 8pm	Adult Beginner Lessons
8.15pm – 9pm	Lane Swimming

## Friday - Good Friday

8am – 9am	Lane Swimming
9.15am – 10am	Swim Pod session
10am – 10.45am	Swim Pod session
11am – 12.30pm	Public Swimming

## Saturday

8.30am – 9.30am	Lane Swimming
9.30am – 10.30am	Lane Swimming
11am – 11.45am	Swim Pod session
12.05pm – 12.50pm	Swim Pod session
12.55pm – 1.40pm	Swim Pod session
1.50pm – 2.50pm	Public Swimming

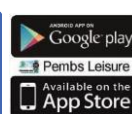
## Sunday

8.15am – 9am	Lane Swimming
9.15am – 10am	Lane Swimming
10.10am – 11.10am	Public Swimming
11.15am – 12pm	Swim Pod Session
12.30pm – 1.15pm	Swim Pod Session

For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact  
01437 764551

Version 1 11/04/22 Correct at time of printing

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