

Swimming Pool Timetable

Easter Holidays Week 2- Monday 18th – Sunday 24th April

Monday – Bank Holiday

8am – 9am	Lane Swimming
9.15am – 10am	Swim Pod session
10am – 10.45am	Swim Pod session
11am – 12.30pm	Public Swimming

Tuesday

7am – 8am	Lane Swimming
8.15am – 9.15am	Aqua Fit
9.15am – 11.30am	Intensive Lessons
11.45am – 12.45pm	Lane Swimming
1pm – 2.30pm	Public Swimming
2.45pm – 3.30pm	Swim Pod session
3.30pm – 4.15pm	Swim Pod session
5.15pm – 6pm	Swim Pod session
6pm – 6.45pm	Swim Pod session
7.15pm – 8pm	Adult Improver Lessons
8.15pm – 9pm	Lane Swimming

Wednesday

7am – 8am	Lane Swimming
8am – 9am	Lane Swimming
9.15am – 11.30am	Intensive Lessons
11.45pm – 12.45pm	Lane Swimming
1pm – 2.30pm	Public Swimming
2.45pm – 3.30pm	Swim Pod session
3.30pm – 4.15pm	Swim Pod session
5pm – 6.30pm	Public Swimming
6.30pm – 8pm	Public Swimming
8pm – 9pm	Lane Swimming

Please note:

Book & pay in advance?

Learner Pool only

FREE for all registered juniors

*Aged 8+ must be competent swimmers in the deepend.

Thursday

7am – 8am	Lane Swimming
8am – 9am	Lane Swimming
9.15am – 11.30am	Intensive Lessons
11.45am – 12.45pm	Aqua Fit
11.45am – 12.30pm	Swim Pod session
1pm – 2.30pm	Public Swimming
2.45pm – 3.30pm	Swim Pod session
3.30pm – 4.15pm	Swim Pod session
6pm – 6.45pm	Swim Pod session
7.15pm – 8pm	Adult Beginner Lessons
8.15pm – 9pm	Lane Swimming

Friday

7am – 8am	Lane Swimming
8am – 9am	Lane Swimming
9.15am – 11.30am	Intensive Lessons
11.45am – 12.45pm	Lane Swimming
1pm – 2.30pm	Public Swimming
2.45pm – 3.30pm	Swim Pod session
3.30pm – 4.15pm	Swim Pod session
4.30pm – 6pm	Public Swimming
6.30pm – 7.15pm	Swim Pod session
8pm – 9pm	Lane Swimming – Med & Fast Lanes only

Saturday

8.30am – 9.30am	Lane Swimming
9.30am – 10.30am	Lane Swimming
11am – 11.45am	Swim Pod session
12.05pm – 12.50pm	Swim Pod session
12.55pm – 1.40pm	Swim Pod session
1.50pm – 2.50pm	Public Swimming

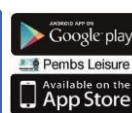
Sunday

8.15am – 9am	Lane Swimming
9.15am – 10am	Lane Swimming
10.10am – 11.10am	Public Swimming
11.15am – 12pm	Swim Pod Session
12.30pm – 1.15pm	Pool inflatable*

For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact
01437 764551

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This item is also available in Welsh/ Mae'r eitem hon ar gael yn Gymraeg hefyd



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