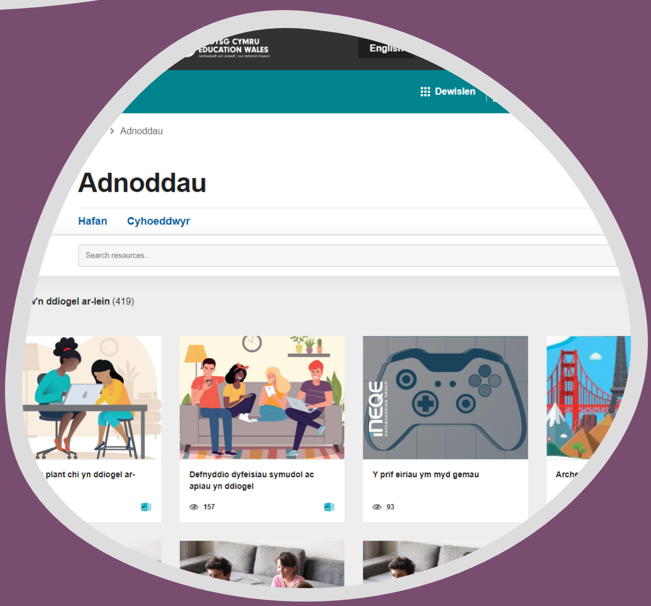
Canllaw i rieni a gofalwyr

Dewch o hyd i'r newyddion, y cyngor a'r wybodaeth ddiweddaraf ar amrywiaeth o faterion ar-lein i helpu eich teulu i aros yn ddiogel ac yn wybodus ar-lein.

Cyngor a gwybodaeth am ddiogelwch ar-lein

Porwch trwy ein hadnoddau sydd wedi'u hysgrifennu ar amrywiaeth o faterion diogelwch ar-lein ar eich cyfer chi.



Materion diogelwch ar-lein penodol

Trowch at gyngor a gwybodaeth am bwnc penodol os ydych chi'n gwybod am beth rydych chi'n chwilio amdano.

Canllawiau ar gyfryngau cymdeithasol, gemau cyfrifiadur ac apiau

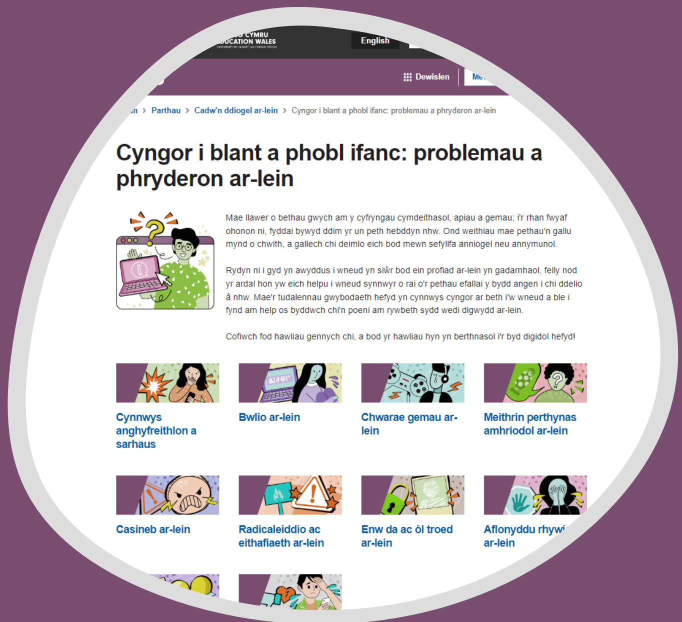
Dewch o hyd i bopeth y mae angen i chi ei wybod am yr apiau mwyaf poblogaidd y mae plant a phobl ifanc yn eu defnyddio heddiw.

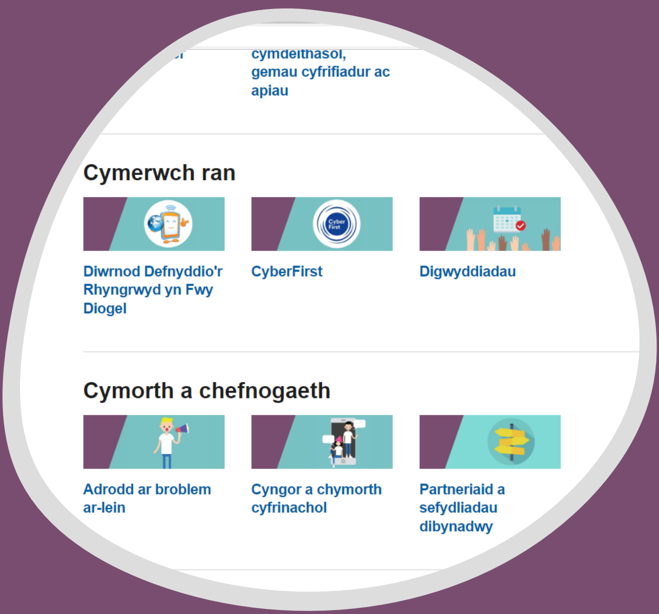
Barn yr arbenigwyr

Darllenwch erthyglau ar amrywiaeth o bynciau diogelwch ar-lein a ysgrifennwyd gan wahanol arbenigwyr yn y diwydiant.

Cyngor i blant a phobl ifanc

Gwybodaeth ynghylch beth i'w wneud a ble i gael cymorth os ydyn nhw'n poeni am rywbeth ar-lein.





Cymorth a chefnogaeth

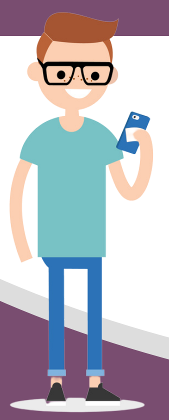
Dysgwch sut i roi gwybod am broblem a ble i gael cymorth a chefnogaeth gyfrinachol.

Cadernid Digidol mewn Addysg
Digital Resilience in Education

Hwb®

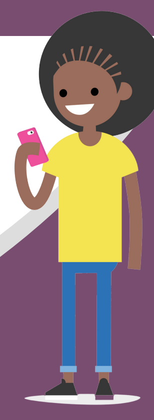
Llywodraeth Cymru
Welsh Government

Hwb.gov.wales/KeepingSafeOnline



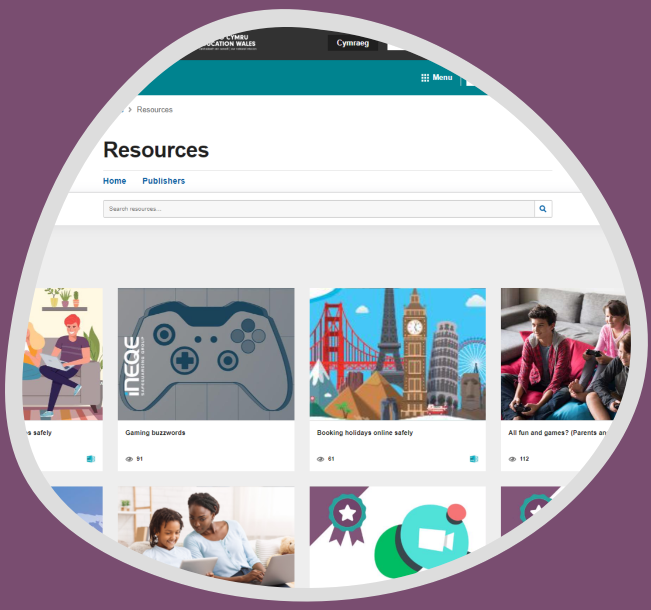
Guide for parents and carers

Find the latest news, advice and information on a range of online issues to help your family stay safe, secure and savvy online.



Online safety advice and information

Browse through our resources written for you on a range of online safety issues.

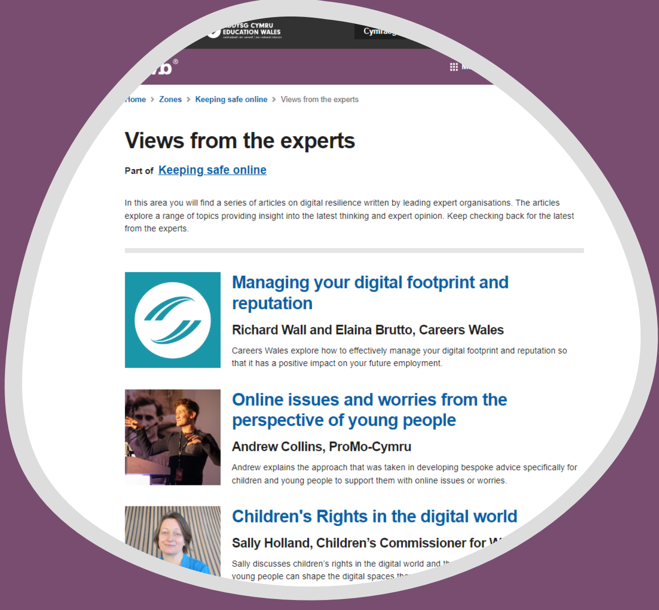


Specific online safety issues

Jump straight to advice and information on a specific topic if you know what you are looking for.

Social media, gaming and app guides

Find out everything you need to know about the most popular apps children and young people are using today.



Views from the experts

Explore articles written by various industry experts on a range of online safety topics.

Advice for children and young people

Information on what to do and where to turn for help if they are worried about something online.

Help and support

Find out how to report an issue and where to go for confidential advice and support.

Cadernid Digidol mewn Addysg
Digital Resilience in Education

Hwb®

Llywodraeth Cymru
Welsh Government