

Talking Teens

Parenting Workshop

It's not what you say,
It's what they hear

Inside
every teenager
Is a child
AND
an adult



"Why don't
they want to
tell me how
they're
feeling?"

Join us at Noddfa Community Centre

Starting Friday 19th January 2024 1-3pm

for the first of four weekly sessions.

Contact the team now to book your FREE place.

Carly 07583 058578 or Jade 07816 583850

"What's normal?"
"Why do they always
sleep in so late?"



Children & Families Team
Neath Port Talbot
Tim Plant a Theuluoedd
Castell-nedd a Phort Talbot



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Welsh Government

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