

# The Federated Primary Schools of the Upper Afan Valley



Head Teacher: Mr R. Appleby

## Time Out-Seclusion Policy

<b>Policy Adopted:</b>	<b>06.06.16</b>	
<b>Review Cycle:</b>	<b>Annually</b>	
<b>Signed:</b>	 (Chair of Governors)	
<b>Review Dates:</b>	22.11.2023	Signed: 
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## Time Out or Seclusion?

Time out will be implemented as part of a behaviour plan and might include:

Preventing a person being involved in the activities which reinforce their target behaviour until the behaviour stops and the person engages appropriately;

Asking/instructing the person to leave the activity and return when they feel ready to be involved and stop the behaviour that is of concern;

Accompanying the person to another setting and preventing them from taking part in the activity they were undertaking/ participating in for a set period of time;

Time out should be implemented as part of a structured behaviour plan. The purpose of using 'time out' is to achieve a change in a person's behaviour over period of time when used alongside other behaviour interventions as part of an individual support plan. Importantly, the implementation of time out is not contingent on placing a person in a specific room.

### Questions to ask...

- Does the person access the room or space voluntarily?
- Is the person accompanied by a support worker/ teacher or other person in the room?
- Can the person leave the room independently? Do they know how to get out of the room or area?
- Is the 'time out' part of an assessed and agreed behaviour plan that includes short term and long term goals?
- Can the time out strategy be implemented outside of the area where the person lives, works or is educated?

**If the answer is yes to most of the above it is likely that you are using a time out strategy.**

- Do support staff or teachers or others take the person to the room or space?
- *Is the person left in the room or space alone?*
- *Is the person unable to leave the room independently or cannot understand how to leave the room when they choose to?*
- Do people watch/monitor the person from outside the room?
- Is the practice dependent on a room or space which is available at the place the person lives, works or is educated?

**If the answer is yes to the above the practice is more likely to be seclusion, and may be illegal.**