

## **Primary School Meals Menu**

## **Food Allergies and Intolerances**

Please speak to our kitchen staff about your child's requirements.

Thank You

Winter 2022 Menu	Menu Week 1	Menu Week 2	Menu Week 3
Week Commencing - (Monday)			7 <sup>th</sup> November 2022
Week Commencing - (Monday)	14 <sup>th</sup> November 2022	21st November 2022	28 <sup>th</sup> November 2022
Week Commencing - (Monday)	5 <sup>th</sup> December 2022	12 <sup>th</sup> December 2022	19 <sup>th</sup> December 2022
Week Commencing - (Monday)			
Week Commencing - (Monday)			

Week 3

Week 1 Week 2

Monday	Monday	Monday
Cheese & Tomato Pizza	Breaded Chicken Goujons	Cheese & Tomato Pizza
Potato Smiles or Jacket Potato or Pasta	Saute Potatoes or Jacket Potato	Diced Potatoes or Jacket Potato
Baked Beans or Coleslaw	Baked Beans or Carrot Sticks and Beetroot	Baked Beans or Sweetcorn
Homemade Chocolate & Mandarin Sponge & Custard	Homemade Fruit Sponge & Custard	Homemade Peach Sponge & Custard
Tuesday	Tuesday	Tuesday
Oven Baked Pork Sausage with Gravy	Oven Baked Pork Sausage with Yorkshire Pudding and Gravy	Homemade Beef Hotpot/Pie and Gravy
Creamed Potatoes or Jacket Potato	Boiled Potatoes or Creamed Potatoes or Jacket Potato	Creamed Potatoes or Jacket Potato
Broccoli or Carrots	Broccoli or Carrots	Broccoli or Garden Peas or Carrots
Chocolate Rice Krispie Cake	Jelly & Dream Topping	Assorted Fruit Yogurt Pots
Wednesday	Wednesday	Wednesday
Homemade Chicken Curry with Homemade Bread	Meat Balls / Garlic Bread	Frikadellen
Boiled Rice or Jacket Potato	Pasta or Jacket Potato	Boiled Potatoes or Jacket Potato or Spaghetti Hoops
Garden Peas & Sweetcorn	Garden Peas or Sweetcorn	Sweetcorn or Cucumber & Beetroot Salad
Raspberry Ripple Ice Cream Roll	Mini Donut	Homemade Chocolate & Pear Sponge with Custard
Thursday	Thursday	Thursday
Roast Beef & Yorkshire Pudding with Gravy	Roast Pork with Homemade Stuffing & Gravy	Roast Turkey with Homemade Stuffing and Gravy
Boiled or Creamed Potatoes or Jacket Potato	Boiled or Creamed Potatoes or Jacket Potato	Boiled Potatoes or Jacket Potato
Green Beans or Peas or Carrots	Carrots or Cabbage	Carrots or Broccoli or Salad Bowl
Welsh Cake & Fruit Wedge	Homemade Chocolate Sponge & Dream Topping Swirls	Chocolate Ice Cream Roll
Friday	Friday	Friday
Breaded Birds Eye Fish Fingers	Baked Breaded Fish	Breaded Birds Eye Fish Fingers
Chipped Potatoes or Jacket Potato	Chipped Potatoes or Jacket Potato or Pasta	Chipped Potatoes or Jacket Potato
Baked Beans or Garden Peas	Garden Peas or Baked Beans or Cucumber Sticks	Baked Beans or Garden Peas
Homemade Decorated Sponge	Fruits of the Forest Ice Cream Sundae	Assorted Muffins

\*\* Due to current situation please keep looking for menu updates \*\*

Available daily:- Pasta • Seasonal Salads • Wholemeal Bread • Jacket Potatoes • Baked Beans

A Daily Choice of: Dessert of the day ● Fresh Fruit ● Fruit Yogurt ● Cheese & Biscuits ● Melon

Baked Salmon is available as an alternative on a Friday

For reasons beyond our control, the menus may have to be changed at short notice, please check your individual schools for menu updates.