



Dear Parents,

On Thursday October 1st we will take part as a school in Restart A Heart Live lesson.

The children will watch a Youtube video in school and follow instructions on how to perform CPR. All we are asking you for is a teddy from home they can practice on.

Restart a Heart Live is a free online event where they will learn the essentials of lifesaving CPR and how to use a public access defibrillator. The mission is to train as many school-age children and adults as possible—and to reach **1 million people by 2027**.

If you would like more information this is the website

<http://www.restartaheart.live>

Thank you for your support

Mrs S. Turner