



CAMHS

SCHOOL IN-REACH

EMOTIONAL WELLBEING SERVICE



PRIMARY PARENT/CARER WORKSHOPS

EMOTIONAL REGULATION

Date & Time:
16th January 26
9:00

ANGER

Date & Time:
23rd January 26
9:00

WORRIES

Date & Time:
30th January 26
9:00

SELF ESTEEM & RESILIENCE

Date & Time:
13th February 26
9:00