

# Sex & Relationship Education Policy

Ysgol Gynradd Betws  
Ammanford  
SA18 2HE



Updated January 2026

## Introduction

- This policy addresses legal requirements, national strategies and Welsh Assembly Government guidance from:
- Education Act 1996
- Sexual Health and Wellbeing Action Plan, 2010 -2015
- guidance on sex and relationships education (SRE) in schools 2010
- the requirements of the *Personal and social education framework for 7 to 19-year-olds*

## Links with other policies

This policy relates to many other policies and aspects of the curriculum which include:

- personal and social education (PSHE)
- confidentiality
- safeguarding/child protection
- anti-bullying (including procedures for dealing with homophobic bullying)
- equality and diversity
- Anti radicalism policy

## Rationale

We believe that parents bear the primary responsibility for helping their children with the aspect of growing up, preparing them for adolescence and ultimately the adult responsibilities of marriage and parenthood. However, we understand that schools have a complementary part to play.

**Aims:** To teach and inform the pupils how to develop and sustain good relationships.

To deliver the contents of the science and PSE curriculum.

To address changes at Puberty, by arranging a talk by the school nurse.

To answer any questions sensitively, as and when they arise.

## The content and delivery of the SRE programme

Education about relationships for pupils focuses on the building of the self-esteem.

We encourage learners to:

- value themselves
- recognise and communicate their feelings
- form friendships and relationships

We aim to do this through:

- PSE lessons and circle time
- Thinking detectives
- Positive play
- Outside agencies
- Chatt

7-11 year old pupils will be helped to understand:

- The reasons for the physical and emotional changes that take place at puberty, including conception, pregnancy and birth. During the Summer term, children in Years 5 and 6 are given a talk on Puberty and Hygiene by the School Nurse.
- The range of their own and others' feelings and emotions
- The importance of personal safety and what to do, or who to tell, when feeling unsafe. We are part of the All Wales School Police liaison programme and PC Kev makes regular visits to the school to educate the pupils.
- What is a good relationship? Training provided by Sbectrum, NSPCC, school staff.

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- Asking questions. With the consent of the guardian/parent, teachers will answer honestly, factually and sensitively at a level appropriate to the maturity of the children.

## **Confidentiality**

If any child makes a personal disclosure to a teacher or other member of staff, then the procedures in the Safeguarding and Child Protection policies will be followed.

Date: January 2026

Mrs Melanie Jones (Acting Headteacher)

Mr Jose Picouto (Chair of Governors)