



SUMMER WORKSHOPS

We would like to invite you to join us at the School In-Reach Summer Wellbeing workshops in schools around Neath Port Talbot and Swansea. Supporting children's emotional wellbeing by developing strategies to add to their wellbeing toolkit.

Neath Port Talbot school sessions to be held at Llangatwg Community School on the following dates:

Wednesday 30th of July 2025
Wednesday 6th of August 2025
Wednesday 13th of August 2025
Wednesday 20th of August 2025

*all sessions will be
9:30am-11:30am OR
12:30pm-2:30pm*

Swansea school sessions to be held at Bishop Vaughan Catholic School 6th Form Common Room on the following dates:

Thursday 31st of July 2025
Thursday 7th of August 2025
Thursday 14th of August 2025
Thursday 21st of August 2025

*all sessions will be
9:30am-11:30am OR
12:30pm-2:30pm*

Please note that there is limited availability, one adult per child and unfortunately we are unable to cater for siblings. The adult will be involved in the session. Please complete the electronic form via the QR code and await confirmation of place.



Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board

Scan Me





GWEITHDY HAF

Hoffem eich gwahodd i ymuno â ni yn y gweithdai Lles Haf Mewngymorth Ysgolion. Mae'r sesiynau yn cael ei gynnal o amgylch ysgolion Castell-nedd Port Talbot ac Abertawe. Cefnogi lles emosiynol plant trwy ddatblygu strategaethau i ychwanegu at eu banc o strategaethau lles.

Cynhelir sesiynau ysgolion Castell-nedd Port talbot yn Ysgol Gyfun Cymunedol Llangatwg ar y dyddiadau canlynol:

*Dydd Mercher 30ain o Orffennaf 2025
Dydd Mercher 6ed o Awst 2025
Dydd Mercher 13eg o Awst 2025
Dydd Mercher 20fed o Awst 2025*

*Bydd pob sesiwn yn:
9:30yb-11:30yb NEU
12:30yp-2:30yp*



Bydd sesiynau ysgolion Abertawe yn cael eu cynnal yn ystafell gyffredin 6ed dosbarth Ysgol Gatholig Bishop Vaughan ar y dyddiadau canlynol:

*Dydd Iau 31ain o Orffennaf 2025
Dydd Iau 7fed o Awst 2025
Dydd Iau 14eg o Awst 2025
Dydd Iau 21ain o Awst 2025
Dydd Iau 28ain o Awst 2025*

*Bydd pob sesiwn yn:
9:30yb-11:30yb NEU
12:30yp-2:30yp*



Sylwch mai dim ond un oedolyn y plentyn sydd ar gael a bydd yr oedolyn yn rhan o'r sesiwn, ac yn anffodus ni allwn ddarparu ar gyfer brodyr a chwiorydd. Cwblhewch y ffurflen electronig trwy'r cod QR ac aros am gadarnhad o'ch le.

Sganiwch fi



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