## S.A.N



We are a volunteer parent/carer group looking after loved ones with additional needs. We provide peer support, signposting, as well as coffee mornings and a range of speakers to families living in Neath and the surrounding areas, to help inform and empower them. We also aim to improve the well-being of the carer by providing courses and well-being events for our members.

Our group is unique as we welcome all those needing help and support. Whether you are awaiting diagnosis via one of the pathways, have a recent diganosis or need a listening ear. We have members caring for loved ones with a wide range of conditions.

We want to promote our group so parents in the community can get support and not feel alone.

We meet during term times, every Wednesday 10am-12.30pm at Brynhyfryd House (former Primary School), Giants Grave Road, Briton Ferry, Neath, SA11 2ND

Our Website is www.sanparentcarersupport.co.uk

You can contact us through our website or our Facebook page S.A.N supporting additional needs neath and district information page or via phone on 07955793356