## 

## Changing Behaviours using NVR courseA group of colorful plastic figures AI-generated content may be incorrect.

## What is it?

A 6 week programme for Parents / Carers to learn how to deal with challenging and difficult behaviours.

Learn skills to de-escalate meltdowns and conflict between you and your child.

Create a calmer home environment for everyone.

Understand the violence between Parent / Carer and child relationship.

Identify what the problem is and learn tools how to deal with it.

## Who is it for?

Parents / Carers with children aged 3 - 11.

Children with Autism, ADHD

Those that present with challenging behaviours with or without a diagnosis.

Families not open to Social Services.

## What will change?

The way you respond to violent challenging behaviours

Strengthen Parent / Carer child relationship

Parents will feel more empowered

When is it?

1st October 2025 9.30 -11am every week at Cwmavon Primary School Port Talbot or online via Teams

## Contact us to book your place

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