

requirements. Thank You

Autumn 2023 Menu	Menu Week 1	Menu Week 2	Menu Week 3
Week Commencing - (Monday)	4 <sup>th</sup> September 2023	11 <sup>th</sup> September 2023	18 <sup>th</sup> September 2023
Week Commencing - (Monday)	25 <sup>th</sup> September 2023	2 <sup>nd</sup> October 2023	9 <sup>th</sup> October 2023
Week Commencing - (Monday)	16 <sup>th</sup> October 2023	23 <sup>rd</sup> October 2023	
Week Commencing - (Monday)			
Week Commencing - (Monday)			
Week Commencing - (Monday)			

Week 1	Week 2	Week 3
Monday	Monday	Monday
Cheese & Tomato Pizza	Breaded Chicken Goujons	Cheese & Tomato Pizza
Potato Wedges or Jacket Potato	Sauté Potatoes or Jacket Potato	Diced Potatoes or Jacket Potato
Baked Beans or Coleslaw	Baked Beans or Carrot Sticks and Beetroot	Baked Beans or Sweetcorn
Homemade Chocolate & Mandarin Sponge & Custard	Homemade Fruit Sponge & Custard	Homemade Peach Sponge & Custard
Tuesday	Tuesday	Tuesday
Oven Baked Pork Sausage with Gravy	Oven Baked Pork Sausage with Gravy	Homemade Beef Hotpot/Pie and Gravy
Creamed Potatoes or Jacket Potato	Boiled Potatoes or Creamed Potatoes or Jacket Potato	Creamed Potatoes or Jacket Potato
Broccoli or Carrots	Broccoli or Carrots	Broccoli or Garden Peas or Carrots
Chocolate Rice Krispie Cake	Jelly & Dream Topping	Assorted Fruit Yogurt Pots
Wednesday	Wednesday	Wednesday
Homemade Chicken Curry with Homemade Bread	Homemade Pasta Bake / Garlic Bread	Frikadellen
Boiled Rice or Jacket Potato	Pasta or Jacket Potato	Boiled Potatoes or Jacket Potato or Spaghetti Hoops
Garden Peas & Sweetcorn	Garden Peas or Sweetcorn	Sweetcorn or Cucumber & Beetroot Salad
Raspberry Ripple Ice Cream Roll	Assorted Muffins	Homemade Chocolate & Pear Sponge with Custard
Thursday	Thursday	Thursday
Roast Beef & Yorkshire Pudding with Gravy	Roast Pork with Homemade Stuffing & Gravy	Roast Turkey with Homemade Stuffing and Gravy
Boiled or Creamed Potatoes or Jacket Potato	Boiled or Creamed Potatoes or Jacket Potato	Boiled Potatoes or Jacket Potato
Green Beans or Peas or Carrots	Carrots or Cabbage	Carrots or Broccoli or Salad Bowl
Jam Split & Fruit Wedge	Homemade Chocolate Sponge & Dream Topping Swirls	Chocolate Ice Cream Roll
Friday	Friday	Friday
Breaded Birds Eye Fish Fingers	Baked Breaded Fish	Breaded Birds Eye Fish Fingers
Chipped Potatoes or Jacket Potato	Chipped Potatoes or Jacket Potato	Chipped Potatoes or Jacket Potato
Baked Beans or Garden Peas	Baked Beans or Garden Peas Garden Peas or Baked Beans	
Homemade Sponge & Dream Topping Swirls	Fruits of the Forest Ice Cream Sundae	Mini Donut

\*\* Due to current situation please keep looking for menu updates \*\*

Available daily:- Pasta • Seasonal Salads • Wholemeal Bread • Jacket Potatoes • Baked Beans • Milk & Water

A Daily Choice of: Dessert of the day • Fresh Fruit • Fruit Yogurt • Cheese & Biscuits • Melon

## Baked Salmon is available as an alternative on a Friday

For reasons beyond our control, the menus may have to be changed at short notice, please check your individual schools for menu updates.