

N/R Phase

What do we want pupils to get better at?

Knowledge & Understanding

The pupils need to know.....who they have relationships with.

The pupils need to understand.....that relationships can evoke a range of emotions.

Cross-curricular Skills (Subject specific):

The pupils need to get better at

- **Numeracy:**

I can present work orally, pictorally, and in written form

I can use everyday mathematical language to talk about my ideas and choices

- **Literacy:**

I can respond to what I see, hear or read

I can share ideas and feelings and express what I like/ dislike

- **DCF:**

I can distinguish between a person I know and one I have never met

I can communicate some of my feelings

Values & attitudes:

The pupils need to become more...

- Collaborative
- Kind
- Respectful

Integral Skills:

The pupils need to become more...

Personal Effectiveness – name their emotions and know how to cope with them.

Creativity and Innovation – emotion miming/ my feelings colour print.

Plan and Organise – Relationships and feelings book

Critical Thinking and Problem Solving – feeling detectives (photos of faces; how they are feeling and why)

NR Phase **How do relationships make us feel?**

Purpose:

This term the children will explore what relationships are and who they have relationships with. They will think about family, friends, pets and others. They will look at how relationships are different and begin to realise that different relationships have different purposes. Children will talk about the range of feelings that relationships evoke and learn strategies that can help them if these feelings become overwhelming. By listening to stories, they will learn about boundaries and how to be a good and kind friend. Through groupwork, they will collaborate to become 'feelings detectives' and use problem solving skills.

End Goal:

To produce a class book about different types of relationships and feelings.

Core Values: Respect, collaboration and kindness

Core Concepts to Teach

- **Kindness & Respect:** Showing care, using polite words, valuing others.
- **Sharing & Taking Turns:** Essential for play and friendships.
- **Empathy:** Understanding and responding to others' feelings.
- **Feelings & Communication:** Identifying emotions and expressing them appropriately (e.g., using "I feel sad").
- **Boundaries:** Respecting personal space and saying "no".
- **Diversity:** Appreciating differences in people

Possible Trips: