



Nursery – What does change mean to us?



What changes around us?



Can we feel changing emotions?



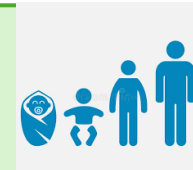
What can make things change?



How do plants change as they grow?



How do we change as we grow?



Why am I learning this?

Children will understand that the world around them changes over time. They develop curiosity about their environment and begin to notice patterns such as the changing seasons, weather and daily routines. Through exploring these changes, children build awareness of time and develop language to describe what they see.

My learning experience

Children explore changes in the world around them through observation, discussion and play. They learn about the changing seasons, noticing differences in weather such as sunshine, rain and wind. Children talk about the days of the week and begin to understand that time passes and things change. children observe what is happening around them and describe what they can see.

Why am I learning this?

Children are understanding that feelings can change throughout the day. They develop awareness of their own emotions and begin to recognise emotions in others. Through exploring feelings, they build confidence to express themselves and develop skills to manage their emotions in a safe and supportive way.

My learning experience

Children explore emotions through stories and play. They learn to recognise feelings such as happy, sad, angry and excited, and begin to talk about times when they have felt these emotions. Children will create faces using natural resources such as leaves, sticks and clay to represent different emotions. Through this, they explore how feelings can be shown through facial expressions and talk about what they have made.

Why am I learning this?

Children are investigating things can change when we do something to them. Through exploring materials, they develop curiosity and confidence to try new things. They learn that heat, mixing and touch can make things change, such as ice melting, chocolate melting and colours changing when mixed.

My learning experience

Children explore sensory activities such as melting ice and chocolate and mixing colours. They watch what happens as ice and chocolate change from solid to liquid, and notice how colours change when they are mixed together. Children talk about what they can see happening and describe the changes over time.

Why am I learning this?

Children are developing understanding about how living things grow and change over time. Through growing their own plants, they develop curiosity, patience and a sense of responsibility. They learn that plants need water, light and time to grow, and that change happens gradually as the plant gets bigger.

My learning experience

Children grow their own cress through planting seeds, watering them and watching them carefully each day as they change and grow. Children observe how the seeds turn into cress and notice what happens over time. They measure how tall their cress grows using simple tools such as cubes and compare sizes.

Why am I learning this?

Children are understanding how they have grown and changed over time. Through exploring growth, they learn that everyone changes as they get older and develop a sense of identity and belonging.

My learning experience

Children explore how they have changed from being a baby to who they are now. They look at pictures of babies and talk about the differences between babies and children, discussing what babies can do and what they can do now. Children take part in simple activities such as measuring their height and comparing sizes, helping them to notice how they have grown. They share their ideas and experiences through discussion and play.

