



GOWERTON SCHOOL

YSGOL TREGŴYR



Transition
Pontio

Welcome – Croeso

Dear Year 6 Pupils,

Gowerton School looks forward to meeting you and welcoming you as Gowertonians.

This booklet contains information to help you prepare for your time at Gowerton.

Gowerton School celebrated 125 years of history in 2021. 125 years of sharing excellent teaching and learning, playing an important part in its local community and producing ambitious, confident, creative, enterprising citizens that contribute to Wales and the World.

There are exciting learning and life opportunities ahead and we look forward to sharing these with you.

K S Lawlor

Ms K. Lawlor

Headteacher



The Team – Y Tîm

Headship Team



Ms K. Lawlor
Headteacher



Mr D. McGinley
Deputy Headteacher



Mrs S Hunt
Business Manager



Mr A Bevan
Assistant Headteacher



Mrs S Pascoe
Assistant Headteacher

Pastoral Team



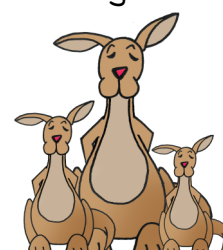
Mr W Thomas
Head of Key Stage 3



Mrs A King
Head of Year 7



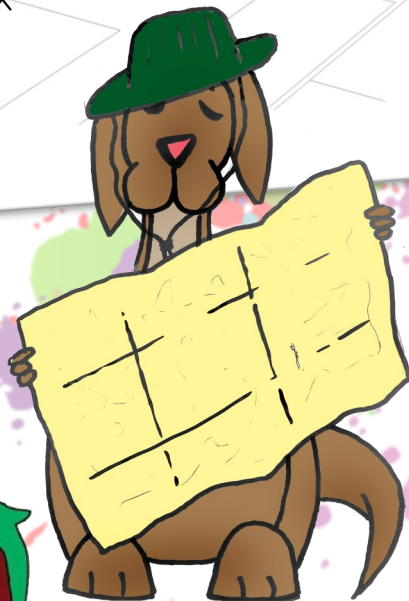
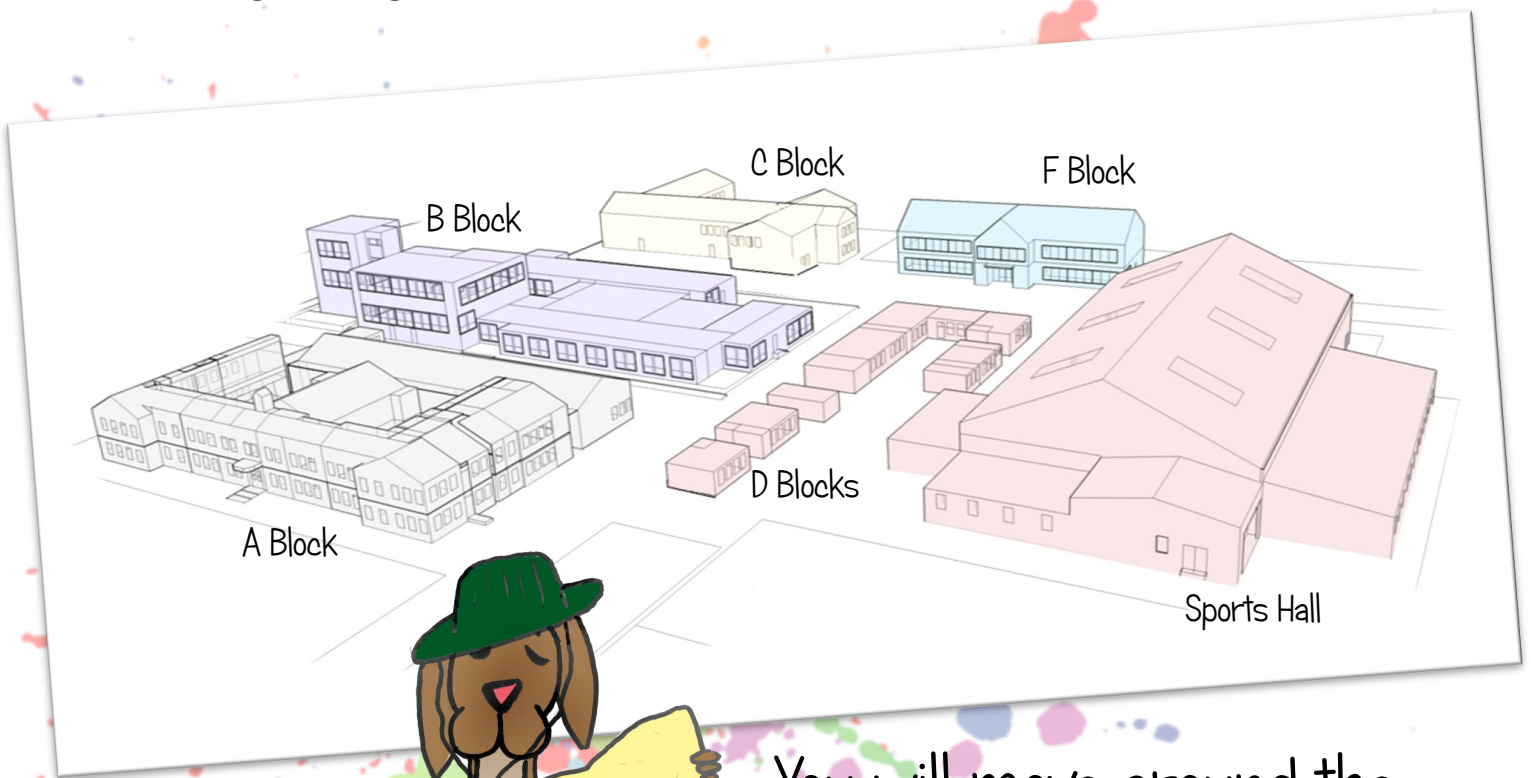
Mr R Richards
North Gower Partnership
Resource Manager



The School – Yr Ysgol

The first thing you will notice is that Gowerton school will be a lot bigger than your primary.

Do not be afraid, it is very easy to find your way around. All blocks and classrooms are very clearly labelled, and everybody is very helpful so don't worry about getting lost!



You will move around the school site hourly, changing classes when the buzzer sounds.



The School day – Y Diwrnod Ysgol

You will have five different lessons and a form time session each day at Gowerton.

You will follow your own 2 week rotating timetable which will tell you where you need to be and when.

	Yr 7,8,11,12	Yr 9,10,13
8.30—9.30	Lesson 1	Lesson 1
9.30—10.30	Lesson 2	Lesson 2
10.30—10.50	Break	Form Time
10.50—11.10	Form Time	Break
11.10—12.10	Period 3	Period 3
12.10—1.10	Period 4	Period 4
1.10—2.00	Lunch	Lunch
2.00—3.00	Period 5	Period 5

	1Mon	1Tue	1Wed	1Thu	1Fri
1	RE LF C15	MATHEMATICS LAG D6	D & T DML B1	FRENCH LW A16	MUSIC KJ C
2	ENGLISH JSB A8	ENGLISH JSB A8	MATHEMATICS AJ D4	SCIENCE MTD F5	FRENCH LS A15
3	MATHEMATICS LAG D6	WELSH SIR B23	RE LF C15	ART JM C14	MATHEMATICS AJ B7
4	SCIENCE MTD F5	PE SD FD2	PE SD FD2	GEOGRAPHY GP C6	WELSH SIR B23
5	HISTORY LF C15	COMPUTER STU JMT A10	SCIENCE MTD F5	HISTORY LF C15	ENGLISH JSB A8

	2Mon	2Tue	2Wed	2Thu	2Fri
1	GEOGRAPHY GP C6	HISTORY LF C15	COMPUTER STU JMT A10	WELSH SIR D8	D & T AZ B
2	ENGLISH JSB A8	PE SD FD2	ENGLISH GMJ A15	MATHEMATICS LAG D6	ART JM C14
3	ART JM C14	SCIENCE MTD F5	D & T DML B1	PE SD FD2	COMPUTER STU JMT A10
4	RE LF C15	ENGLISH JSB A8	SCIENCE MTD F5	SCIENCE MTD F5	ENGLISH JSB A8
5	WELSH SIR B23	MATHEMATICS AJ D6	GEOGRAPHY GP C6	MUSIC KJ C2	ENGLISH JSB A8

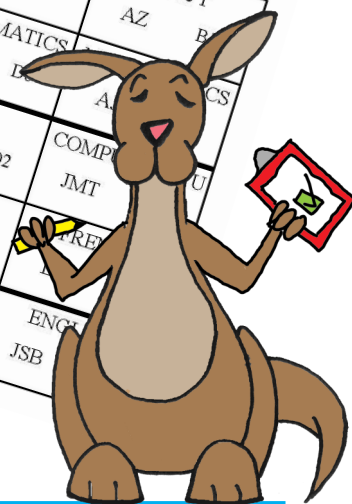
Subject

ENGLISH

JSB A8

Teacher

Location



Uniform – Gwisg Ysgol

SWEATSHIRT: Maroon and bearing the school badge (optional)

POLO SHIRT: White and bearing the school badge

CARDIGAN: Maroon and bearing the school badge

TROUSERS: School trousers (formal) black or charcoal grey No denim, corduroy, skinny jeans or legging

SKIRT: School skirt (formal) black or charcoal grey No denim or Corduroy

SHORTS: School shorts (formal) black or charcoal grey

FOOTWEAR: Black (unsafe styles such as heels are not suitable for school)

SOCKS/TIGHTS: White, black, or natural

TOP COAT: School hooded top and bearing the school badge (optional) any other plain coat provided there is no slogan on it



White polo shirt
bearing the school badge



Maroon Sweater
bearing the school badge

(Optional)



Navy hooded top bearing
the school badge

(Optional)



Food – Bwyd

Gowerton is a 'Cashless Catering' School and therefore cash is not accepted at the canteen tills. You will need about an average of £3 per day to put into the machine to be able to purchase lunch.

You won't be allowed to leave the school site at break and lunch times, therefore you are encouraged to eat food provided from our canteen or to bring your own packed lunch.

A variety of food is provided at both break time, 10.30am – 10.50am, and at lunch time, 1.10pm – 2pm.



BREAK TIME	
Hot Bacon Rolls	£1.20
Breakfast Paninis	£1.50
Toast with spread	30p
Pizza	from 72p
Filled English Muffins	£1.25
Cheese on Toast	70p
Baked Beans on Toast	70p
Tomatoes on Toast	70p
Porridge/	70p
Toasted Tea Cake	70p
Fruit Pot	70p
MEAL OF THE DAY	
Inclusive of pudding or bottled plain water 500ml See Daily Menu choices	
FAB & FAST	
Hot Baguettes	£1.50
Hot Wraps	£1.50
Hot Pasta Pots	£1.45
Panini's	£1.50
Pizza	£1.30
HOT CHOICE	
Spaghetti Bolognese	£1.45
Lasagne	£1.45
Cottage Pie	£1.45
Curry and Rice	£1.80
Cheese and Potato Pie	£1.15
Omelette	£1.15
Fish Fillet	£1.20
Salmon Bites	£1.20
JACKET POTATOES	
Flora	£1.00
Tuna and Sweetcorn	£1.40
Cheese and Beans	£1.70
Cheese	£1.40
Beans/Curry Sauce	£1.40
Hot Meat Sauce	£1.80
Free Meal Pupil Value	
£2.40	
DELI BAR / COLD BAR	
Assorted Baguettes	£1.50
Assorted Sandwiches	£1.15
Cold Wraps	£1.50
Pasta Pots	£1.45
Takeaway Salad/	
Salad Bowl	£1.45
Single Salad Item	45p
Cold Meats Slice 2oz	£1.00
Tuna/Egg Mayo/	
Cheese 1oz	60p
DESSERTS	
Puddings & Cakes	from 70p
Chocolate Fudge Brownie	70p
Biscuits Homemade	36p
Yoghurt	70p
Fruit Pot	70p
Custard	25p
DRINKS	
Capri Sun	60p
Fruit Juice Carton 200ml	50p
Fruit Juice Cuplet	35p
Fizz Sparkling Juice	65p
Fruit Chilly Drinks	75p
Iced Milk	from 45p
Milkshake	95p
Hot Coffee/Chocolate	85p
Still/Sparkling Water	45p
SIDE DISHES	
Potatoes Boiled/Mashed	45p
Chipped Potatoes	1.10p
Baked Beans	45p
Peas/Carrots etc	45p
Rice/Pasta	45p
Bread Roll	35p
SNACK ITEMS	
Carrot and Dip	30p
Fruit Juice Cuplet	35p
Cheese and Biscuits	35p
Fresh Fruit	30p
Jelly	30p
Small bag of fruit	30p
Small bag of dried fruit	30p
Chunk of bread	30p

Well-being – Lles

Our well-being centre 'Gofal', located centrally in the school was purpose built to deal with all issues for both pastoral and health. It is here that the child welfare manager and pastoral support workers are based and are always there to support you at any given time.

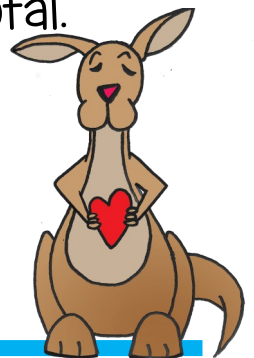
Mrs King is Head of Year 7, but there will be times where other members of staff can help you.

We have our own Child Welfare Manager, Mrs Richards on site to deal with any possible health and well-being issue you wish to discuss.



Mrs Richards
Child Welfare Manager

We are also fortunate to have staff specialising in behaviour, emotions, pastoral and welfare support, all based in Gofal.



Transition Days

Day
1

Registration on the 'Cashless Catering' system
Teambuilding and sporting activities.

Day
2

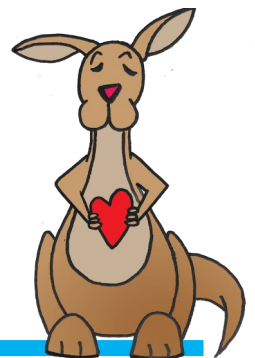
Cymanfa Ganu—Traditional Welsh Event where
pupils come together to sing.

Day
3

Variety of lessons and meeting many members of
staff!
There will also be some sporting activities.

Day
4

Variety of lessons followed by a farewell assembly
from the Headship Team, Mr Thomas, and Mrs King.



Mindfulness & Wellbeing

Follow some of the tips below to help you become healthy, confident and resilient individuals.



Take a break

Do one thing at a times.



Eat well

Eat healthy and keep active.



Focus

Keep focused on the task you are doing.



Sleep well

So you feel rested and ready for the day ahead.



Be curious

set realistic and achievable goals.



Be able

To suggest ideas, listen to others and have fun.



Do something Creative



Be able to ask for help

The Kanga Code

When arriving at class and ready to start the lesson remember:



Kindness

Think about how you can be kind to each other.
Allow learning to happen



Attitude

Have the right attitude to learning and
making progress



Nurture

Listen to each other and let ideas grow



Growth Mindset

Be positive throughout the lesson



Aspire

keep pushing yourself to improve throughout
the lesson/day

Mi Ddylwn, Mi allaf, Mi fynnaf

I should, I can, I will

I should be kind, have the right attitude and nurture ideas

I can grow

I will aspire

