



	Planning and Organisation		Personal effectiveness	
	At Home	In School	At Home	In School
<b>Progression Step 1</b>	<ul style="list-style-type: none"> <li>Know where all your clothes are kept</li> <li>Get the right items to dress yourself in the right order</li> <li>Know where key items are kept</li> <li>Begin to develop self-care routines</li> </ul>	<ul style="list-style-type: none"> <li>Know where things are</li> <li>Get what you need</li> <li>Know what's next</li> <li>Know what you need to do</li> <li>Tell me what you are doing</li> </ul>	<ul style="list-style-type: none"> <li>Play with siblings or friends</li> <li>Try your best in activities</li> <li>Ask for help if needed</li> <li>Accept mistakes</li> <li>Listen to the ideas of others</li> </ul>	<ul style="list-style-type: none"> <li>Listen to ideas</li> <li>Ask if you don't know</li> <li>Help friends</li> <li>Make mistakes</li> <li>Try your best</li> <li>Listen to others</li> <li>Work with other people</li> </ul>
<b>Progression Step 2</b>	<ul style="list-style-type: none"> <li>Complete simple self-care routines</li> <li>Prepare yourself a snack and drink</li> <li>Get yourself ready to leave the house</li> <li>Prepare a bag for an overnight stay</li> <li>Talk about and plan tomorrow</li> </ul>	<ul style="list-style-type: none"> <li>Find the equipment you need</li> <li>Plan and talk about your ideas</li> <li>Check your work</li> <li>Use what you know to help you</li> <li>Choose how to set out and organise your work</li> <li>Ask questions if you don't understand</li> </ul>	<ul style="list-style-type: none"> <li>Accept other people's ideas or views</li> <li>Listen to other people</li> <li>Follow instructions</li> <li>Use previous experiences to build on understanding</li> <li>Show self-improvement in a range of tasks</li> <li>Stick with things even if they are tough</li> </ul>	<ul style="list-style-type: none"> <li>Respect other's opinions</li> <li>Listen to people in your group</li> <li>Have a go at new things</li> <li>Listen to and follow instructions</li> <li>Understand making mistakes is essential to learning new things</li> <li>Use what you already know</li> <li>Take turns</li> <li>Ask for help when you don't understand</li> </ul>
<b>Progression Step 3</b>	<ul style="list-style-type: none"> <li>Plan for the days ahead</li> <li>Independently get yourself ready for school or a club</li> <li>Complete simple chores around the house</li> <li>Prepare a simple meal</li> </ul>	<ul style="list-style-type: none"> <li>Collect appropriate equipment for the activity and return it afterwards</li> <li>Identify the skills and knowledge you need to apply to the new work</li> <li>Plan your own work using the success criteria</li> <li>Set high expectations</li> <li>Adapt your work and make changes to improve it</li> <li>Effectively research information you did not know</li> </ul>	<ul style="list-style-type: none"> <li>Be proactive</li> <li>Show discipline in a task</li> <li>Have good time management</li> <li>Have a range of strategies to control stress</li> <li>Listen to others when they are upset and help them</li> <li>Have a positive attitude to changes</li> <li>Solve your own problems</li> </ul>	<ul style="list-style-type: none"> <li>Activate prior knowledge to apply skills you have learnt before</li> <li>Choose relevant information from your research</li> <li>Appreciate the views of others</li> <li>Help others if they don't understand</li> <li>Use peer/self-assessment to improve your work</li> <li>Recognise when you have worked hard and achieved your targets</li> <li>Focus on minimizing distractions so that you can be the best you can be</li> <li>Choose the correct learning environment</li> </ul>



	Critical thinking and problem solving		Creativity and Innovation	
	At Home	In School	At Home	In School
<b>Progression Step 1</b>	<ul style="list-style-type: none"> <li>Ask questions</li> <li>Solve problems in play</li> <li>Able to choose what to do in free time</li> <li>Know when you are stuck</li> </ul>	<ul style="list-style-type: none"> <li>Ask questions</li> <li>Try to make things better</li> <li>Choose your own activities</li> <li>Try new ideas</li> <li>Say when you are stuck</li> <li>Say what you have done well</li> </ul>	<ul style="list-style-type: none"> <li>Imaginative in your play</li> <li>Curious about new things</li> <li>Will try new things</li> <li>Come up with your own ideas on how to do something and share it</li> </ul>	<ul style="list-style-type: none"> <li>Be brave</li> <li>Try new things</li> <li>Be imaginative</li> <li>Be curious</li> <li>Think up new ideas</li> <li>Share your ideas</li> </ul>
<b>Progression Step 2</b>	<ul style="list-style-type: none"> <li>Try things even if they are difficult</li> <li>Rarely make the same mistake more than twice</li> <li>Discuss problems with family and friends</li> <li>Come up with a solution on your own</li> <li>Explain how you have completed something</li> </ul>	<ul style="list-style-type: none"> <li>Always have a go</li> <li>Ask open questions</li> <li>Learn from mistakes</li> <li>Know when you need help</li> <li>Check your own work</li> <li>Discuss work with your friends</li> <li>Make your own choices about your work</li> <li>Explain how you have done your work</li> </ul>	<ul style="list-style-type: none"> <li>Suggest your own ideas with reasoning</li> <li>Will try different ways to do things</li> <li>Brave in your ideas</li> </ul>	<ul style="list-style-type: none"> <li>Identify your own ideas</li> <li>Explore something new</li> <li>Value your ideas</li> <li>Think of different ways to do things</li> <li>Explain your choices</li> <li>Be brave with your work</li> <li>Present your work in different ways</li> </ul>
<b>Progression Step 3</b>	<ul style="list-style-type: none"> <li>Consider different options when solving a problem</li> <li>Identify the main feature of the problem</li> <li>Plan an activity first</li> <li>Adapt in situations of change</li> <li>Discuss how something went and suggest a different approach for the future.</li> </ul>	<ul style="list-style-type: none"> <li>Have a growth mind-set</li> <li>Be resilient</li> <li>Focus on the key information</li> <li>Understand the difference between fact and opinion</li> <li>Plan out your work first</li> <li>Be flexible and adaptable</li> <li>Use what you already know to help you</li> <li>Assess your learning honestly</li> <li>Reflect on your own progress</li> </ul>	<ul style="list-style-type: none"> <li>Share and explain your ideas</li> <li>Use other people's ideas and adjust them</li> <li>Try new things with ease</li> <li>Try new hobbies and activities</li> </ul>	<ul style="list-style-type: none"> <li>Explain your ideas to others</li> <li>Magpie the ideas of others and make them your own</li> <li>Try something you haven't done before</li> <li>Step outside your comfort zone</li> <li>Develop your skills by not just relying on what you are good at</li> <li>Use a range of different strategies such as pictures, text, number, digital, graphs etc</li> </ul>