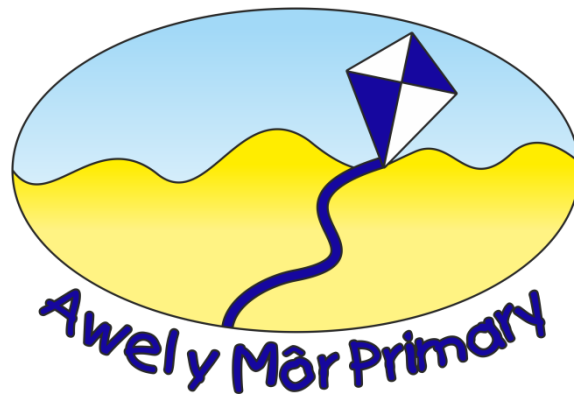


Awel y Môr Primary School



Anti-Bullying Policy

Awel y Môr Primary School

Anti Bullying Policy

Awel y Môr Primary School does not tolerate bullying in any form. All members of the school community are committed to ensuring a safe and caring environment that promotes personal growth and positive self-esteem for all.

What is Bullying?

A Definition

There are many definitions of bullying, but most have three things in common:

- It is deliberate hurtful behaviour.
- It is repeated over a period of time.
- It is difficult for those being bullied to defend themselves

Bullying can take many forms but six main types are:

- Physical - hitting, kicking, pushing or any use of violence.
- Verbal - name calling, insults, spreading rumours, teasing, etc.
- Emotional - hiding possessions, threatening gestures, excluding from friendship groups/ activities, etc.
- Racist - racial taunts, graffiti, gestures, etc.
- Sexual - unwanted physical contact, abusive comments, exploitation, etc.
- E-bullying – online bullying from persons known/unknown to the child.

A useful definition to be used with children is adapted from Dr Dan Olweus (1991):

“A pupil is being bullied when another pupil or group of pupils say nasty things to him or her. It is also bullying when a pupil is hit, kicked or threatened, locked inside a room, sent a nasty note, when no-one talks to them and things like that. These things can happen frequently and it is difficult for the pupil being bullied to defend themselves. It is also bullying when a pupil is teased repeatedly in a nasty way.”

Signs and Symptoms (from ‘Stop Bullying!’ KIDSCAPE)

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware that these are possible signs that they should investigate if a child:

- Is frightened of travelling to or from school.
- Is unwilling to go to school.
- Begins to do poorly in school work.
- Becomes withdrawn, starts stammering, etc.
- Regularly has books, clothes damaged.
- Becomes distressed, stops eating.
- Has injuries which are often difficult to explain.
- Has difficulty sleeping or concentrating.
- Cries easily.
- Becomes disruptive or aggressive.
- Has possessions that “go missing”.
- Has dinner/tuck or other monies continually “lost”.
- Starts stealing money.

- Is frightened to say what's wrong.
- Attempts self harm or runs away.
- Has nightmares.

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated.

What do we want?

Our Aims

We are committed to providing a caring, friendly and safe environment for all of our pupils and staff so they can work and learn in a relaxed and secure atmosphere. **Bullying of any kind is unacceptable at our school.** If bullying does occur, everyone should be able to tell and know that incidents will be dealt with promptly and effectively. We are a TELLING school – *anyone* who knows that bullying is happening is expected to tell someone who can help.

Tackling bullying at Awel y Môr Primary School matters because:

- Bullying makes people unhappy.
- Pupils who are being bullied are unlikely to concentrate fully on their school work.
- Some pupils avoid being bullied by not going to school.
- Pupils who observe unchallenged bullying behaviour may copy this anti-social behaviour.
- Schools which do take actions against bullying build a reputation as an effective, caring school.

We aim:

- To emphasise to all members of the school community that bullying will not be tolerated.
- To increase knowledge and awareness of staff and pupils about bullying in and out of school.
- To maximise involvement of **all** staff and other agencies, where appropriate, in the prevention of bullying.
- To maximise support for victims and help for bullies from staff and other, uninvolved pupils.
- To ensure that we create a secure and safe environment for the pupils in our care, so that parents/carers may send their children to Awel y Môr Primary School in the confident knowledge that we will do all that we can to protect them from bullying.

All staff can help to prevent bullying by supporting pupils who feel vulnerable, by coaching them in appropriate strategies to avoid bullying, by building their self-esteem and by promoting a climate of trust and mutual respect. The school's PSHE curriculum, pastoral systems and the discipline and behaviour management policies (particularly the reward system) provide opportunities to build pupil's emotional and social development and to raise self-esteem.

What do we do?

Procedures and Outcomes

As a school community, we will not allow cases of bullying to go unreported but will speak up.

This requires staff to:

- Be role models in word and action at all times.
- Be observant of signs of distress of suspected incidents of bullying.
- Make efforts to remove opportunities for bullying by active patrolling during duties.

- Arrive at class on time and never leave pupils unsupervised.
- Report suspected incidents to the appropriate staff members and record same.

This requires pupils to:

- Refuse to be involved in any bullying situations.
- If present when bullying occurs, if appropriate, take some form of preventative action.
- If present when bullying occurs, report incident.

If pupils who are being bullied have the courage to speak out, they may help to reduce pain for themselves and other potential victims.

School recommends that parents/carers:

- Watch for signs of distress in their child (see Signs & Symptoms.)
- Inform the school or advise your child to do so if bullying is suspected.
- Keep a written record (who, what, when, where, why, how.)
- Encourage your child not to retaliate.

Parents/Carers will be informed of any incidents of bullying and will be asked to come to a meeting to discuss the problem.

The school expects the bullying behaviour and threats of bullying to stop immediately and ask for parents/ carers to support us in ensuring this happens.

Following any incidents of bullying or e-bullying, the bully/bullies will offer an apology and other appropriate consequences may take place. Wherever possible, the pupils will be reconciled.

Future behaviour will be monitored and targeted support through the use of SEAL, SULP, etc will be used to help the bully (bullies) change their behaviour.

In serious cases, a period of exclusion may be considered.

When staff, pupils, and parent/carers work together, we create a safe and caring environment at Awel y Môr Primary School.

S J Greasley

Reviewed: January 2023



Signed:



Cllr Matthew Crowley
Chair of Governors
Review Date: Spring 2025