



Ysgol Bae Baglan Summer Menu

Gluten Free

<i>Week A</i>	<i>Week B</i>
MONDAY	MONDAY
Chicken Chunks Sauté Potatoes or Jacket Potato Garden Peas or Mixed Salad Llaeth y Llan Fruit Yoghurt	Chicken Goujons Mashed Potato or Jacket Potato Baked Beans or Side Salad Llaeth y Llan Fruit Yoghurt
TUESDAY	TUESDAY
Chicken Tikka Curry Boiled Rice or Jacket Potato Broccoli & Garden Peas Ice cream & Fruit Salad	Chicken Tikka with Boiled Rice or Jacket Potato Broccoli & Green Beans Assorted Muffins
WEDNESDAY	WEDNESDAY
Roast Turkey & Gravy Mashed Potatoes Cauliflower, Green Beans & Carrots Fruit Jelly	Tomato Pasta Bake Roast Chicken Fillet Sweetcorn & Mixed Peppers Ice cream
THURSDAY	THURSDAY
Beef Bolognese Fusilli Pasta Carrot Batons & Sweetcorn Homemade Muffin	Beef Bolognese Fusilli Pasta Carrot Batons & Sweetcorn Homemade Muffin
FRIDAY	FRIDAY
Fish fingers Chips or Jacket Potato Baked Beans or Garden Peas Fresh Fruit	Fish fingers Chips or Jacket Potato Baked Beans or Garden Peas Llaeth y Llan Fruit Yogurt
Bottled Water or Milk are available with all meals	
Available Daily	
Gluten free roll, Fresh Fruit, Gluten Free Pasta & Mixed Side Salad <u>Vegan & Vegetarian available on Request</u>	
Please inform the Catering Manager of any Dietary Requirements so that we can ensure all our pupils eat safely.	