

Provision	Venue (including address)	Day/s	Opening Times	Contact Details	Cost	Register or Drop-in	Referral process / Any Other Information	Contents	Areas Covered
Bettws in Bloom	1 Lambourne Way Bettws. NP20 7TY	Mon & Thurs	11am - 11:45am	bettwsfoodbank@btinternet.com / 01633 856091	Free	Contact to arrange collection at set times	Currently on lower levels of opening times due to no volunteers	Fresh & dried/ tinned food	Bettws, Malpas, Shaftesbury
Caerleon Kindness Exchange - Community Pantry	Caerleon Police Station Garage, 14 Goldcroft Common, NP18 1BA	Tues & Sun	11.00am - 12.00 noon	caerleon.kindness.exchange@gmail.com	Free	Drop-in	Drop-in	Receives deliveries of food from supermarkets that would of been going to landfill. Fresh, dried or tinned	Caerleon Only
Duffryn Community Link - provision at Duffryn Community Centre	Office: Unit 6, Duffryn Shopping Centre, Duffryn NP10 8TE Provision at Duffryn Community Centre opposite	Weds	1.15pm - 2.15pm	leisa@duffryncomlink.org.uk	Community Foodbank (fee/membership based) /emergency food parcel available)	Residents can drop in to register or contact Centre	Contact Leisa Thompson 01633 816774 leisa@duffryncomlink.org.uk	Fresh Meat, chilled food and dried/tinned store cupboard items	Duffryn and surrounding areas

Fairshare	Pill Millennium Centre, Courtybella Terrace, NP20 2GH	Thurs	11.30am - 12.30pm	01633 660262 admin@pillmill.co.uk	First payment £6.00 then £3.00 per week	Register onto waiting list	Join the scheme by contacting 01633 660262	Fresh & dried/tinned food	Up to capacity - can be put on the reserve list - Pillgwenlly
Fairshare	Beaufort Community Centre, Beaufort Road, NP19 7UB	Thurs	4.00pm - 5.00pm	01633 214506	£3.00	Register	Join the scheme by contacting Beaufort Centre on 01633 214506	Fresh & dried/tinned food	Up to capacity - can be put on reserve list St Julian's
Fairshare	Gaer Christian Centre, Gaer Park Road, NP20 3NN	Thurs	1.00pm - 3.00pm	07943 501007 gareth@libertychurchuk.com or hello@libertychurchuk.com	£3.00	Register	It is open to residents of the Gaer - more or less at capacity but looking to increase. People can come down on a Thursday about 12:30 to talk to Alice who co-ordinates the project who can go through sign up etc.	Fresh & dried/tinned food	Gaer
Feed Newport - Community Shop Food Bags	192 Commercial Street, Commercial Road, NP20 2PP	Thurs	10.00am - 2.00pm	01633 549796	£4.00 weekly membership	Residents can drop in to register	Discounted food parcels - take along proof of low income. Also offer Baby Bank, Soup Kitchen and Community Hub	Various options	All Areas
Foodcycle Newport	Community House, 2 Eton Road, NP19 0BL	Tues	6.30pm	newport@foodcycle.org.uk	Free	Drop-in - Everyone welcome	Free veggie hot meal - just turn up on the day. Also offer weekly tele calls	Hot meal provided	All Areas

Get You By Bag	Somerton Hope Centre, Poplar Road, NP19 9AX	Tues & Thurs	Appointment Only 10.00am - 4.00pm	Email debbie27@hotmail.co.uk or ring 01633 281328	Free	Book collection slot for Tues or Thursday	Email debbie27@hotmail.co.uk or ring 01633 281328	Milk, Butter, Cheese, Bread, Rice, Pasta, Tin Selection, Sanitary Products	All Areas
Jesus Cares - Bettws Community Centre	Bettws Shopping Centre, NP20 7TN	Mon - Fri	9.00am - 4.00pm	01633 235545	Free	Ring 01633 235545 to check stock availability	Drop-in	Fresh & dried/tinned food	Bettws, Malpas, Shaftesbury
Maindee Food Pantry / Community Fridge	Maindee Library, 79 Chepstow Road, NP19 8BY	Mon, Wed, Fri & Sat	Week days 2.30pm - 4.30pm Saturday 10.30am - 12.00 noon	01633 309443 / info@maindee.org	Free	Drop-in	Working with locals to fight food waste	Can be fresh or tinned/dried food. Dependent of leftover food on the day	All Areas
Men's Breakfast Club	Ringland Presbyterian Church Hall, 5 Beatty Rd, Newport NP19 9GG	Friday	10.00am - 12 noon	Wayne and Paul - ringlandcommunitygroup@gmail.com	Free	Drop-in	Currently on hold due to refurbishment	Refreshments with a hot filled role	Ringland and surrounding areas

Stow Park Church	Brynhyfryd Road, NP20 4FX	Tues - Thurs	10.00am - 3.00pm	helen@stowpark.org	Free	Drop-in	Ring 01633 843730 for further information	Tea and coffee	All Areas
Stow Park Church	Brynhyfryd Road, NP20 4FX	Tues	12.30pm	helen@stowpark.org	Free	Drop-in	Ring 01633 843730 for further information	Beans on toast	All Areas
Stow Park Church	Brynhyfryd Road, NP20 4FX	Weds	12.30pm	helen@stowpark.org	Free/Donation	Drop-in	Ring 01633 843730 for further information	2 course community lunch	All Areas
Stow Park Church	Brynhyfryd Road, NP20 4FX	Thurs	1.00pm	helen@stowpark.org	Free	Drop-in	Ring 01633 843730 for further information	Surplus food from Greggs	All Areas

Please note that these Food Banks are run by community volunteers for residents of Newport

Help & Support

Community Connectors offer a free information and advice service. The Team can connect you to activities, groups or local support services.

Contact a Connector by telephone: 01633 235650 Mon –Fri 9am -5pm or email community.connectors@newport.gov.uk

Cost of Living Crisis

If you are experiencing difficulty in the cost of living crisis email costoflivingcrisis@newport.gov.uk and a Community Advisor will get in touch.

For further information and support visit our website www.newport.gov.uk/support