

# Support for refugees and asylum seekers

## About us

Home-Start Cymru is a voluntary organisation committed to promoting the welfare of families.

Together, with our trained volunteers, we work alongside families to give compassionate and confidential support, tailored to each family.

## About our support for refugees and asylum seekers

At Home-Start Cymru we believe in humanity and equality, that's why we provide support to refugees and asylum seekers.

We know it was hard enough to flee your own country and settle in the UK.

So that's why our staff members provide emotional and practical support to those struggling to navigate the system.

Our project provides advice and support on services (such as housing, benefits, health, employment and English skills), working with each refugee on a tailored plan towards independence and integration.



## How we help?

We help refugees to rebuild their lives using the resilience, strength and skills acquired on their journeys.

We provide emotional and practical support and help families understand local customs, and access healthcare and education. And we help them to meet local people and gain confidence and independence.



## We help settle families into their new homes and communities by providing:

- advice and support on rights and entitlements:
- support in accessing to housing services, health services and education
- support with social integration
- support to open a bank account
- GP registration
- school registration
- signposting to local activities



## What we do best



Provide emotional support and listening ear.



Provide families with non-judgemental support and advice



Support families to understand the system



Help and advice

## What we are not



A crisis service



Clinical Experts



Relationship Experts



A mental health specialist



If you are in the Newport area and are a refugee or asylum seeker, please get in contact with us and we will do our best to help you, or support you speak to someone who can.



[seekingsanctuary@homestartcymru.org.uk](mailto:seekingsanctuary@homestartcymru.org.uk)



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