

Glan Llyn Primary School



Sun Safety Policy

July 2026



Sun Safety Policy

1. Rationale

At Glan Llyn Primary School, we recognise that too much exposure to ultraviolet (UV) radiation from the sun can cause skin damage and increase the risk of skin cancer later in life. Children are particularly vulnerable due to their sensitive skin.

While sun safety is not statutory in Wales, it is recognised as good practice within the **Welsh Network of Healthy School Schemes** and wider public health guidance. Schools are encouraged to adopt a **whole-school approach** to sun protection, including education, environment, and behaviour.

2. Aims

This policy aims to:

- Protect pupils and staff from harmful sun exposure
- Promote lifelong sun-safe behaviours
- Reduce the risk of sunburn and future skin damage
- Support the health and wellbeing of the school community

3. Objectives

We will achieve this by:

- Providing **education about sun safety**
- Creating a **safe outdoor environment** with access to shade
- Encouraging **protective behaviours** (hats, clothing, sunscreen)
- Working in partnership with **parents/carers and the wider community**

4. Roles and Responsibilities

Governing Body

- Approve and monitor the implementation of this policy
- Ensure sun safety is considered within health and safety procedures

Headteacher / Senior Leadership Team

- Promote a whole-school approach to sun safety
- Ensure staff are aware of their responsibilities

All Staff

- Model sun-safe behaviours
- Encourage and support pupils to follow sun safety practices
- Incorporate sun safety into learning where appropriate

Parents/Carers

- Provide appropriate sun protection (e.g. hats, sunscreen)
- Apply sunscreen before school where possible

Pupils

- Take responsibility for following sun safety guidance (age-appropriate)

5. Sun Protection Measures

Shade

- Pupils will be encouraged to play in shaded areas where available
- Outdoor activities will be adapted where possible between **11am and 3pm**, when UV levels are highest
- The school will aim to increase shaded areas over time

Spending time in shade is a key method of reducing UV exposure.

Protective Clothing

- Pupils are encouraged to wear:
 - Wide-brimmed or legionnaire-style hats
 - Clothing that covers shoulders (where appropriate)
- School uniform guidance will support sun-safe choices where possible

Sunscreen

- Parents/carers are encouraged to:
 - Apply **SPF 30+ sunscreen** before school
 - Provide labelled sunscreen for their child if reapplication is needed
- Pupils may apply sunscreen themselves (under supervision if required)
- Staff will follow the school's safeguarding and consent procedures

Using SPF30+ sunscreen alongside other measures is recommended for protection.

6. Curriculum

Sun safety will be promoted through the **Curriculum for Wales**, particularly within:

- Health and Well-being Area of Learning and Experience (AoLE)
- Science (light and UV)

Pupils will learn:

- The risks of sun exposure
- How to protect themselves (shade, clothing, sunscreen)
- The importance of avoiding sunburn

7. Outdoor Activities and Trips

- Risk assessments for trips and outdoor activities will consider sun exposure
- Staff will ensure:
 - Access to shade where possible
 - Regular hydration breaks
 - Appropriate sun protection measures
- Additional precautions will be taken during periods of high UV levels

8. Communication with Parents/Carers

The school will:

- Share this information via the website and newsletters
- Provide reminders during warmer months
- Encourage consistent sun-safe behaviours at home

9. Staff Protection

- Staff are encouraged to follow sun safety practices
- The school will support staff wellbeing by promoting:
 - Access to shade
 - Appropriate clothing
 - Awareness of UV risks

10. Monitoring and Review

- This policy will be reviewed when appropriate.
- Feedback will be gathered from staff, pupils and parents
- The school will monitor:
 - Incidents of sunburn
 - Effectiveness of sun safety practices

Regular review ensures policies remain effective and up to date.

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